



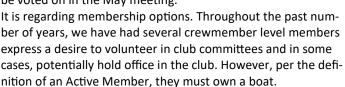
Commodore



Vice Commodore

Happy Spring sailors! That means that Windseeker Wednesdays are back! Time to pull out the sails from the garage, wash off the green from the deck and find that wind!

I want to share with you a proposal that our board will be presenting at the April meeting, to be voted on in the May meeting.



After much deliberation at board meetings and research of area clubs like us, it was determined that the board would put the following Bylaw revision to the vote of the membership.

Proposed Bylaw Change:

c) Active **Boat Owner**: An Active Boat Owner Member shall pay an initiation fee and annual dues. An Active **Boat Owner** Member shall be a yacht owner, as defined in Article X, Section 1, and shall be represented by one vote only. In the case of a

(Continued on page 3)

I like to write about interesting things I come across in magazines, on line or people in the sailing communities around the world. I originally had intentions of writing about women in maritime history, which I may do in the future, but I came across a small article in Essence Magazine for Black History Month about a young black woman who is blazing the sailing trails for black women.



Her name is Ayme Sinclair and she wants to teach and be an inspiration to black women, getting them onto the water sailing. Ayme never thought she would fall in love with competitive sailing but that's what happened when a friend invited her out on a sailboat. She had always loved boating and the water, and said yes to her friends invitation one day.

That's all it took! She decided to take a class through ASA to get certified in the basics. She then was invited to tag along by a coworker for an evening race. Four years later, Ayme is a member of the Sweet Caroline Sailing Team and participates in several meets during the season. It's a competitive race circuit where she travels throughout the Northeast and race in meets in Connecticut, Rhode Island, and upstate New York.

(continued on page 4)

2019 CYCT Offic-

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Commodore: Janice VanRavenswaay

Vice Commodore: Angle Morales

Rear Commodore: Jeremy Bush

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Ken & Julie St.John

Fleet Captain-Racing: Eric Nelson

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Tom Tenney

PHRF Director: Eric Nelson

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Nelson

MAINSHEET

A publication of The Corinthian Yacht Club of Tacoma

racorria

5624 Marine View Drive Tacoma, WA 98422 Email the editor: mainsheet@cyct.com



Rear Commodore

Well here we are. We finished our second winter of racing on Asylum, and it was kind of a dud as far as the wind went. The South Sound Series didn't have a single complete race. They were all shortened. But we had a blast. The weather was at least nice out. Even our CYCT races had lighter winds then we were hoping for, but we at least got out and got them all in. We only had a few near disasters – broken tiller mid race, and a light number one hoisted on accident when I called for our number 3! Those both happened in about a 10-minute span. But hey, what is racing without a little excitement from your crew?!

It has been an awesome two years with Asylum, and I'm glad I got the chance to learn the boat and do some awesome races. We have had some great cruises, and put a lot of great work into the boat to make her shine. But, I've decided it's time to downsize a little, and have listed the boat on the market. I am sure I'll be disappointed not to have heat mid-winter, but I think I'll manage. It has certainly been a fun ride.

For the meanwhile though, we can't wait for windseekers to start in April. I just hope I at least have a boat I can get out on Wednesdays, and if not, then hopefully it will only be a short amount of time before I get a new boat. So if you know anyone looking, check out my ad at the end of the mainsheet. Happy sailing, and we will see you on the water starting April 10th!

Jeremy Bush Rear Commodore R/V Asylum





Commodore (continued)

(Continued from page 2)

married couple, or a jointly-owned yacht each owner may hold office in the club. The Board of Trustees shall have the option of reducing the initiation fee for a membership drive.

d) **Active Non-Boat Owner**: An Active Non Boat Owner Member shall pay an initiation fee and annual dues. **An Active Non-Boat Owner shall be represented by one vote only.** In the case of a married couple, each member may hold office in the club. The Board of Trustees shall have the option of reducing the initiation fee for a membership drive.

There will be a hardcopy of the official proposed changes in April (most has to do with how our document is currently numbered, not any other membership changes). Please try to make it to our meetings so that we can hear your voice! I feel this will be a valuable move for our club to increase participation.

I'm off to catch a plane to seek some warmer weather and I hope to bring some of it back with me! Enjoy the sun, find the wind, and I will see you all on April 8th!

Janice VanRavenswaay Commodore S/V Tatoosh jvanraven@yahoo.com





Vice Commodore (continued)

(continued from page 1)

The team is very diverse as she states, but she noticed that other sailing squads weren't so inclusive

As a former marketing executive, it made her want to encourage others to get into the sport. She founded Sailing Noire. I am not on Twitter and haven't checked this site out so if you are and want to see what's there, go for it. Her idea was to break down stereotypes and get more women of color on the water.

Ayme has made it her mission to inspire others, especially Black women. She's sailed in Spain, and the Caribbean. The most recent was Kenya where she participated in the country's famed Lamu dhow Race Festival.

She was immediately drawn to this race, except the women just watch as is the tradition. She decided to change things up. She built an all- female team which included women all over the African continent including a Muslim woman from Lamu.

Ayme was met with adversity. She was told she would be putting the women in harm's way because they didn't know how to swim, and the boats crash into each other and flip over. One woman tried to convince Ayme that women just couldn't do it!

They finished the race and wound up beating three other boats that had done very well in the past. After the race Ayme learned that some of the women of Lamu were interested in learning how to sail. That ONE race changed the way their community viewed the role of women play.

Ayme hopes to transport the same energy to Black women around the globe. In her words, "Sailing for me is way more than something I love to do that's just fun. I can utilize and change the way people view women's role in society, particularly in Africa." Her goal is to build all female racing teams across Africa that would meet up and race in Lamu. What a remarkable woman!

April 6, Saturday Commodore's Ball at TYC. Social 6pm-7-pm. Dinner 7pm-8pm and dancing to the Tropics till 11:00pm. April 8 Monday, General Meeting Johnny's Fife. 6pm Social, Meeting 7pm. Guest Speakers "Girls At The Helm" Daffodil April 13-14. Go to TYC.org to register your boat or come by car. All details on their website. Opening Day. May 3-5. Seattle Yacht Club. Check their website for details.

Angie Morales

Vice Commodore

S/V LA GITANA.



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Racing



First of all - to all of the members, I am sorry for delaying the Mainsheet yet again.....

Spring can be unpredictable....as we saw with this past Saturdays's Single / Double Handed race. 9:00, no breeze 10:00, light breeze, shortly after the start, well, lots.... As a typical guideline, because wind and weather predicting is somewhat on par at times with picking the Oscar winner for Best Picture, drafting a starting quarterback into the NFL, and which lane is going to be the quickest through Tacoma during rush hour, we are typically left with what we can see. What this means:

As far as weather conditions go, CYCT will, at every opportunity, start a race on time with the intention of racing. What would stop us is

- 1) The USCG telling us no (Which has happened and the weather ended up being fine) and
- 2) We believe the conditions are in excess of what the typical boats could handle. As for the Single / Double handed, with winds in the 20's due to the fact that the boats had only 2 crew members, the Club did Abandon the race soon after the start. We also abandoned it in a location where boats could use the shelter at Browns Point to get their boats in shape before the motor home. Had this been a fully crewed race, we most likely would have continued.

HOWEVER - As a skipper, it is up to you and you alone to determine if you, your boat, and your crew should be racing. I cannot emphasis this enough. You need to know your boat, and more importantly, your crew's limitations. One should imagine that your boat, and the equipment on board and the people on our crew, are all you would need to get yourself safely off the water in an emergency. Fellow racers, as we have seen in the past, will lend assistance, but you cannot assume that assistance will be there immediately. Drill for man overboard situations, be aware of your competitors around you that may be in trouble, and most importantly, be alert to the conditions around you. Especially as Windseekers Wednesdays are starting you will have new, inexperienced crew: Train them up right.

Oh, did I mention Wednesday nights are starting - like.... this Wednesday April 10th? Well, if not, I sure should have! Over the next 22 we will be racing every Wednesday night (Except for one or two around the holidays). (4) series with (5) Races each.....Skippers meeting at CYCT clubhouse at 6:00, notification on the water starting around 6:30, and racing starting at 7. First series has a 90 minute time limit, extending to 2 hours once we get more sun (That's based on the calendar, not the fact that we do or do not get more sun due to our weather....) A few things to keep in mind......

- 1. Pay your entry fee and provide an application. We are cracking down on those who do not pay on a regular basis. If we see you racing but do not have an entry form, you will be scored PRELIMINARY. If we do not receive the entry prior to the start of the next race, your boat will be removed from the scoring. This goes for PHRF membership and, if we check, insurance as well. That is more reasonable than most clubs, so help out your Race Committee, enter early and, make it easy on yourself, enter the entire years worth for the best deal
- 2. On that note, the entry cost is incorrectly noted on the entry form page 2. Each race is \$5, non-club members pay \$25 for a 5 race series, members pay \$20.
- 3. We are still trying to work through the bugs in the on line entry if you have a problem, let me know.
- 4. For Challenger class if we have only a few boats, the Race Committee will, at it's discretion, start the Challenger and Windseeker classes TOGETHER. Listen for the announcements, watch for the flags.....
- 5. Stay clear of the starting area if it is not your start please.
- 6. Other than checking in do not contact the race committee unless there is an emergency. Do not ask what the course is, it is typically repeated a minimum of 3 times before the start.

(Continued on page 6)



Racing (Continued)

7. The Race Committee may, at their discretion, do "On the water" random safety checks. You may ask yourself how "Random" are they? Well, we circle a few of the numbers on the check in sheet prior to leaving the dock and when you check in, you are written in the order you check in. If you number is circled, you may be asked, after the finish, to come by the RC and produce a safety item from the list in the Race Instructions. If you choose to not come by, you may not be scored for the race. Oh, and if you think that by not checking in you can avoid this, that will not work either. Once the race starts, the RC will write down boats who start but do not check in, in the same order....

A few more notes. It has been asked by our friends at Vessel Traffic that if you have AIS on our boat, and you are racing, please turn it on.

I would personally like to see there be ZERO protest this season - so what this means is agreeing to the fact that you may have infringed on the rules and can easily save a lot of time by simply doing your 360 turn. If you have to protest, the forms can be found on the CYCT website. It is up to you to get them turned in......

Reminder, we have a crew finder for those who need some more crew - More information to follow...

As we approach summer, and with racing starting, please remember, we have a number of other races through out the year get out and get in them.....

Eric Nelson Race Committee Chair R/V Gardyloo

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Corinthian Yacht Club of Tacoma Tentative 2019 Race Calendar

Saturday	1/19/19	Quartermaster Harbor - Harbor Series #1
Saturday	2/2/19	Pt Ruston - Harbor Series #2
Saturday	2/23/19	Zenith Harbor - Harbor Series #3
Saturday	4/6/19	Spring Single / Double Handed Race
Sunday	4/7/18	CYCT Race Seminar
Wednesday	4/10/19	Spring Series #1
Wednesday	4/17/19	Spring Series ##2
Wednesday	4/24/19	Spring Series #3
Wednesday	5/1/19	Spring Series #4
Wednesday	5/8/19	Spring Series #5
Wednesday	5/15/19	Late Spring Series #1
Sat/Sun	5/18/19—5/19/2019	CYCT RACE WEEKEND (2 DAYS)
Wednesday	5/22/19	Late Spring Series #2
Wednesday	5/29/19	Late Spring Series #3
Wednesday	6/5/19	Late Spring Series #4
Wednesday	6/12/19	Late Spring Series #5
Wednesday	6/19/19	Summer Series #1
Saturday	6/22/19	Manzanita Margarita - Three Hr Tour #1
Wednesday	6/26/19	Summer Series #2
Wednesday	7/10/19	Summer Series #3
Saturday	7/13/19	Ruston Classic - Three Hr Tour #2
Wednesday	7/17/19	Summer Series #4
Wednesday	7/24/19	Summer Series #5
Wednesday	7/31/19	Late Summer Series #1
Saturday	8/3/19	RC Delight - Three Hr Tour #3
Wednesday	8/7/19	Late Summer Series #2
Wednesday	8/14/19	Late Summer Series #3
Saturday	8/17/19	Vashon Challenge
Wednesday	8/21/19	Late Summer Series #4
Wednesday	8/28/19	Late Summer Series #5
Saturday	8/31/19	CYCT Awards Race - Stand Alone
Saturday	9/21/19	Point Robinson - Point Series #1
Saturday	10/5/19	Point Defiance - Point Series #2
Saturday	10/12/19	Memorial Single Hand
Saturday	10/19/19	Pt. Piner - Point Series #3
Saturday	11/2/19	Browns Point - Point Series #4
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Cruising

Taking Cruising to a Whole New Level

Last week, Julie and I along with 14 others from CYCT along with some family and friends boarded the Star Flyer on the island of Siint Maartens for seven days of cruising in the Caribbean. The Star Flyer is just a bit larger than even La Sirena, coming in at 366 feet long with a 49-foot beam, four masts and 16 sails. And the weather was hot. Still, we had all the makings of a great CYCT cruise. Good food – no potlucks this time, lots of hanging out on boats, some brilliant sundown's and darned good sailing.



The venue was a bit different but the elements that make club cruising so much fun were all there.

Closer to home, we held the Cars, Boats, and Trains cruise to Dock Street Marina in early March attended by half a dozen boats and a bunch more land yachters. As with all of my winter cruises, we had some pretty nice weather. The hearty ones in the group hiked it one mile to the LeMay car museum where we spent several hours looking at some beautiful, rare, and amazing classics from America's automotive past. Later on that evening we maxed out the super long table at the Harmon for some dinner and brews. We finished the night with more "hanging out on boats". The next morning, we sent folks off with a hearty breakfast served on La Sirena.

Two very different cruises. Two very fun outings. Why? Cruising is fun. For me, it's where it's at. We have some events coming up sponsored by other clubs. Daffodil at the Tacoma Yacht Club in mid-April and Opening Day at the Seattle Yacht Club the first weekend in May. Boat or no boat, you should try to take part. Go to the respective club's websites for more info.

As mentioned last month, there are still some holes in the schedule. If you like to host, let us know! And as always, keep an eye on Facebook for announcements

Ken and Julie St. John
Cruising Fleet Captains
kennethstjohn@gmail.com; juliesgarden@gmail.com
S/V La Sirena

CYCT 2019 Cruising Schedule

Date	Cruise/Theme	Host	Location
March 9-10	Cars, Boats & Trains	St. Johns	Dock St. Marina
April 13-14	Daffodil Marine Parade	TYC	Tacoma Yacht Club
May 3-5	Opening Day	SYC	Seattle Yacht Club
May 25-27	Memorial Day	Open	Penrose Raft-up
June 15-16	Father's Day	Tenneys	Bell Harbor?
July 4th (Thurs)	Independence Day	Kimballs	Quartermaster?
August 31-Sep 2	Awards Race/Memorial Day	Open	Foss Seaport?
September 28-29	End of Summer	Jeanks/Craig	??????????
October 19-20	Wineseekers?	Open	East of the Mountains?
November 16-17	Fall Cruise? LeMans?	Ballentines	Gig Harbor, Arabellas
December 31	Un Cruise	ER Doctors	Туее

It was a Ball... fit for a Commodore!



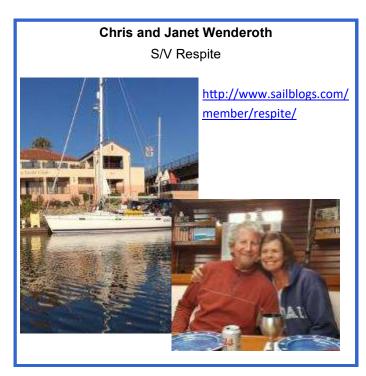




Members Abroad

Keep track of our non-resident members as they live the life we only dream of!





Moving out of the area, and want us to keep in touch?

keep in touch?

Email us! membership@cyct.com

April 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 Spring Single/ Doublehanded Race
7 CYCT Race Seminar	8 General Meeting (Johnny's)	9	10 Spring Series #1	11	12	13 Daffodil Marine Parade
14 Daffodil Marine Parade	15	16	17 Spring Series #2	18	19	20
21	22	23	24 Spring Series #3	25	26	27
28	29 Board Meeting	30				

May 2019

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Spring Series #4	2	3 SYC Opening Day Cruise	4 SYC Opening Day Cruise
5 SYC Opening Day Cruise	6	7	8 Spring Series #5	9	10	11
12	13 General Meeting (Johnny's)	14	15 Late Spring Series #1	16	17	18 CYCT Race Weekend
19 CYCT Race Weekend	20	21	22 Late Spring Series #2	23	24	25 Memorial Day Cruise
26 Memorial Day Cruise	27 Memorial Day Cruise	28	29 Late Spring Series #3	30	31	
	Board Meeting? Check the website					

Sunshine



I sent cards to Debbie Kimball for her broken arm, to Joy Ballantine for her mom's hospitalization, to Eve Engnoth for her carpal tunnel and trigger finger surgeries, to Joanne Cowling on the death of Glenn. I sent best wishes and healing thoughts to Billy Carter for his recent surgery since I couldn't send a card. And a card will be going to Mark Stopka when we get home for his recent stroke.

If you know of anyone who needs a card for good news or not so good, be sure to let me know via text (253-640-7429) emaildmac22@msn.com or Facebook.

Debbie McAdams Sunshine Chair S/V Red Splash

Happy Birthday to our CYCT Members

Adrian DeLuna	April 5
Paul Grove	April 28
Don McAdams	April 19
Gloria Peterson	April 9
Jeff Serex	April 11
Lubos Vesely	April 30
Brian White	April 29



On The Cover
Game Show
Host!
By
Julie St. John

Saw it on Facebook









Basic Rules

- You must be a CYCT member or sponsored by a CYCT member to post an item.
- Each month the CYCT posting member must submit their items for sale before the 25th of the month (send your post to mainsheet@cyct.com).
- Items must be submitted each month or they will not be reposted.
- You are responsible to sell your item so you must include your contact information (items without contact information will not be posted).

* Choate FEO CF 37 - \$32950 (Tacoma)



This 1980 Choate FEO CF37 is a very solidly built cruiser-racer perfect for the Pacific Northwest. Asylum has been sailing these waters since 1987 under two owners. It has visited the San Juans and Alaska many times, and with the many extra features on board, is an incredibly comfortable cruising boat.

https://seattle.craigslist.org/tac/boa/d/tacoma-choate-feo-cf-37/6855611719.html

Or Contact Jeremy Bush—(253) 273-9097

SHOVING OFF





Two short days ago the lovely and gracious Mrs. S and I were on cruise ship in the Caribbean. We'd just finished cruising a half dozen islands with a group of our CYCT friends. We've cruised the Caribbean twice before on the mega-ships with several thousand passengers. This time we were on the 366 foot Star Flyer, a four-masted sailing ship with about 120 other passengers. Being on a smaller ship meant that we anchored out every day, tendered into shore, and visited smaller ports. Also, being on a smaller ship meant that in most cases, we were closer to more cruisers. And by cruisers, I mean folks in 30-60 foot sailing vessels like you and I own. We were among the people I wanted to be like in the places I thought I might want to be.

All of this gave me time to reflect. Leaving work and sailing off is getting closer. What kind of cruiser do I want to be? Where will we go? What will we do? I thought a lot about this on our trip. Here are some of these thoughts.

The Caribbean is hot! St. Bart's was really hot (and expensive). Guadeloupe was muggy. I'm a Northwest boy, it's probably 60 outside and 70 here in the pilot house and it's nice. But then there's the winter. I have to think about that. There's good and bad in the tropics. We're toying with cruising the northwest as far as Alaska in the warmer times of the year and

Another thing, cruise ships focus on towns and excursions. For a cruiser, towns are important for shopping for supplies. For a cruise ship, towns are important for shopping for things. Things are all well and good, and I love to shop, but I was amused at the number of diamond stores trying to coax me into their stores. Me, wearing my \$20 watch and my \$26 wedding ring. Truthfully, I no longer have room for lots of extra things. I bought a ball cap and two tee shirts on this trip. Now I have to get rid of some shirts. Shopping for things cannot be a cruise goal for me.

What about excursions? Just like shopping, excursions aren't a way of life. The expense of paying someone to help me have fun every day is just too expensive. I'm thinking I'll have to be making a lot of my own fun. That said, one can snorkel, kayak, fish, hike, and so on, by just having the right equipment and where needed, licensing. One thing I do want to do is live healthier, not unhealthier.

Which brings up another thing, anyone who knows me knows that I like a drink or 12 as much as the next guy, but I've read books about living aboard where it seems that the author's main goal was to make it to about 11:00 in the morning so he could start drinking. Drinking with a bit of fishing thrown in doesn't seem much of a life. Even though I don't want to work, I don't want to stop contributing to the world in a positive way. Funding the liquor industry and leaving a trail of empties is not the positive contribution I'm looking to leave.

My ideal would be a boat time machine. Summers cruising the San Juan and Gulf Islands, the Sunshine Coast in BC, the West Coast of Vancouver Island, and maybe even travelling down the coast and up the Columbia to my family in Portland. Then it would be "Beam Me Down Scotty (or his Spanish equivalent) and a winter in the Sea of Cortez.

And I'm not ruling out the Caribbean, I'd just like to go west to get there, past the Marquesas, Viet Nam, Thailand, New Zealand, and Australia. Hey, a sailor can dream.

Until then, I'll keep homing in on what exactly I do want to do when I grow up.

Ken St. John S/V La Sirena