



Mainsheet

The Corinthian Yacht Club of Tacoma Newsletter

Volume 18, Issue 12

December 2018

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Commodore

IT'S DECEMBER! Tis' the season to be jolly. Also time for Racing, the South Sound Series is happening. Team CYCT will be our dog in the fight. Just finished is the GHYC LeMans Race, this coincided with the Crew Cruise. Great weather was the keynote for this weekend. Cool Kat actually made it out of the harbor AND finished. Albeit DFL. We had a fun race. When your the boat has no jib or spinnaker in a PHRF race you've got to expect losses. Thank you John Coyne for hosting the first CYCT Crew Cruise.

Next up is the Annual Christmas Party. This year's will be at the Brown's Point Community Center, December 15 starting at 4:30 PM. En-lieu of the usual white elephant exchange we are collecting gifts for kids. Some of these will be donated to local police and fire departments. The Teddy Bears are used to help comfort children traumatized by events beyond their control. This promises to be a fun evening with Music by Mark Stern of Gypsy Queen, fore-deck fame. Please join us for the festivities and fun. Please bring a side-dish or dessert. Hot buttered rum will be provided.



Vice Commodore

Here we are, coming up to the last meeting of the year. (The most fun in my opinion.) We will be saying thank you to Commodore Don Kimball as a new board will move us through 2019. Having a couple of years to think about this, I've been planning for what my "legacy" will be for CYCT. My biggest goals next year will be to go back to what our club was founded on, and to increase the commitment and interest in ALL members.



We are a group of people who come together with a common passion of sailing and being on the water. We gather folks from all over the area to experience our sport, and hope that they will catch that same bug and get a boat of their own to continue the cycle. We all have different things we love about our boat—maybe it's the fastest on the water, maybe its spending those weeks in the summer drifting through the islands where cars just can't take you, and maybe it's a little a both. As we go through this year, I want you to think of your "WHY?" WHY race? WHY cruise? WHY sailing?

(Continued on page 3)

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2018 CYCT Officers & Board Members

FLAG OFFICERS

Commodore: Don Kimball

Vice Commodore:

Janice VanRavenswaay

Rear Commodore: Angie Morales

BOARD POSITIONS

Recording Secretary: Jen Tenney

Treasurer: Bill Jenks

Membership Chair: Jeremy Bush

Fleet Captains-Cruising:

Ken & Julie St.John

Fleet Captain-Racing: Eric Nelson

Past Commodore: Ken St.John

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Web Site: Greg Sandwick

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Publicity: Cindy Craig

Trophies: Steve Wagner

Education: Penny Shen

Social: Jennifer Ihlen

Historian: Matt Thomas

Seeking Volunteers

Long Range Planning

REPRESENTATIVES

PHRF Handicapper:

Tom Tenney

PHRF Director: Eric Nelson

PIYA Representative: Eric Nelson

MAINSHEET

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Tacoma

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Tacoma, WA 98422

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Rear Commodore

As the cold, rainy months in the PNW settle in, some of us might be thinking of sunny skies, warm waters and a cool drink in our hands...yeah sounds about right. Or, maybe you are taking a well deserved cruise to the sun and fun, or snow skiing for that matter. I'm sure you're going to pack sunscreen at least I hope you are. How much do you know about them? Which is right for you?

I gathered important information from Edit Olasz-Harken, a Dermatologist and PhD, writing in Cruising Outpost Magazine. The article is very detailed. She explores some of the myths of sunscreens you need to know, even in the PNW.

Myth 1: The higher the SPF (Sun Protection Factor), the higher the protection.

Truth: SPF is the sunscreen's ability to protect you from the UVB (burning rays). It does not represent a sunscreen's ability to protect you from UVA (rays that age the skin). These rays penetrate deep within the skin's surface and chop up collagen, causing wrinkles and lasting damage. So even if you use the maximum protection, SPF 100, it will allow you to stay in the sun longer without immediately feeling the burn. Look for a broad spectrum brand which includes both UVA and UVB protection.

Myth 2: All sunscreens are the same.

Truth: Nope. Two types of active ingredients are mineral (physical filters), and chemical filters.

"Mineral filters reflect the full spectrum of UV light as long as they are on your skin, and will protect you from UVA and UVB. They are the safest for your skin and the environment. They remain insoluble, and pose no known health hazards. Chemical filters work by absorbing a limited range of UV light, converting it to heat energy via a chemical reaction." says Dr. Harken. It takes many chemicals to make up this kind of sunscreen. Oxybenzone and octinoxate have given some people a skin reaction. Over 80 percent of the sunscreens on the market in the United States have these two chemicals in them. They are responsible for killing and bleaching corals. It's good to know that Hawaii has banned these chemicals.

Myth 3: Sunscreens don't expire.

Truth: Sunscreens usually expire in three years, though chemical ones do so much faster. Be sure to check for the expiration dates. Mineral sunscreens are very stable and last until the

(Continued on page 4)



(Continued from page 2)

There will not be the usual December General Meeting. We will be introducing your new 2019 CYCT Board of Trustees at the Christmas Party. My deepest thanks goes to the 2018 CYCT Board, because of their efforts much was accomplished. Many current board members will be continuing in their positions, so be sure to thank them for their service to you and the Corinthian Yacht Club of Tacoma. For me, I wish each and every sailor a very Merry Christmas and a Happy New Years (at the Un-cruise).

Don Kimball
CYCT Commodore
SV Cool Kat.



Commodore (continued)

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Vice Commodore (continued)

(continued from page 2)

We bought our first sailboat, a 27 foot Catalina about 14 years ago. Why? Brock grew up on a sailboat as a kid that was sold while he was in college. We didn't really know what to do with

it and very rarely put the sails up on it. Sometimes we would go out on Wednesdays just to watch the other boats race but never thought we would be out there too someday. We had our first kid and our boat just sat. We said we needed to sail it or sell it. We visited other yacht clubs in the area and they were biting at the chomp to gain young sailors as members. We came to Corinthian because we felt there were people there who would actually teach us. Billy Carter, Gary Ballentine, Steve Hucke, just to name a few, were instrumental in getting us out on the water. Now eight years later, we are on our second boat, try to make every Wednesday race, and we both continue to crew on many other boats to continue learning and growing as sailors.

Our board tries hard to create experiences that make your boat ownership, and participation on sailboats meaningful and exciting for you. We have had many members volunteer their time in teaching new skills, planning cruises, and organizing and running races for YOU! We all work at our jobs and truthfully, they get in the way! We need to have all of YOU be a part of this too! If not on the board, then volunteer to host a cruise. Spend a race on Romeo Charlie to learn all the aspects of running and record keeping. Come to general meetings and hear what ideas are coming up. VOTE for your officers and perpetual trophy winners. We are nothing without our members!

I ask for every member to take the time this upcoming year to take a piece of the ownership in your club. If you haven't read the by-laws, please download a copy from the website. I will be asking my board members to study and review what needs to stay, and what needs to be updated to best reflect our group. We are at a time where we have lots of people wanting to learn what we love doing: SAILING! How do we keep this excitement going for everyone?

Janice VanRavenswaay
Vice Commodore
S/V Tatoosh
jvanraven@yahoo.com



Rear Commodore (Continued)

(continued from page 3)

printed expiration date on the container. Chemical sunscreens are sensitive to high heat and sunlight. So don't keep them in a hot car or in direct sunlight on the boat or beach.

Myth 4: All forms of sunscreens are effective.

Truth: Spray sunscreen is the most dangerous, according to Dr. Harken, because most are chemical which are easily inactivated. Many times people forget to rub them into the skin after spraying and spraying near or on the face and inhaling the spray can cause harm. One should use caution on children under 6 years old Dr. Harken points out. They can easily breathe in the spray.

Myth 5: Not everybody needs sunscreen.

Truth: Nope. Even those with naturally dark skin, never burn, and always tan need protection from UVA light and the possible risk of skin cancer too. Wear protective clothing and wide brim hats to minimize over exposure to the sun.

So do your homework. Explore the internet or your local health store for the best mineral sunscreens for you and your family. And if you want to use the chemical sunscreens, know the risks. Bottom line, none of these sunscreens and precautions will do you any good unless you USE THEM. Be safe in the sun.

As 2018 comes to a close, I am already looking forward to a very busy 2019. I may sound like a broken record, but the truth is the truth. Our club runs on volunteers. The success or failure of this organization depends on... you. Stepping up to serve as a committee chair, or helping out in a particular committee. Shadow someone in 2019. There is always a need. Get out of your comfort zone. Be proactive. We need YOU, your talents and your time to make CYCT 2019 a great year.

Angie Morales
Rear Commodore
S/V LA GITANA



Racing

Happy Holidays...

Tis the season to GET YOUR BOAT IN SHAPE TO RACE January 19th at CYCT's Quartermaster Shuffle.....I know, your asking all sorts of questions, all of which I hope get answered in the 2019 Race Book due out at the end of the month. Times, distances, courses, radio channel, how to enter.... All of it. So be looking on or around January 1 for the book to be on line.

You think I am joking - folks, there are roughly 40 day to the start..... Just take care of a few things, like getting your crew in order during the holiday parties..... making sure the bottom is getting cleaned off regularly. Are your sails in need of repair? You all know what I'm talking about. If you hold off to new years, you are going to be behind. Now don't ignore the family... Are you hinting at what you need for the boat for Christmas? Are you planing that new years resolution around your racing program? And most of all - remember to make sure your paperwork is in order, including insurance, PHRF Certificate IN PLACE, and review of your Safety Requirements. Now is definitely the time to do that...

The other thing I get to do this time of year is count up the points and see who has become our Boat's of the Year in PHRF, Challenger, and Windseekers. I could tell you the winners, but you will have to wait until the Christmas Party on December 15th. But there are a few things I can tell you. If your New Years Resolution is to win one of these awards - all I can say is it is best to race in as many of the races as you can to improve your chances..... Congratulations in advance to the winners. Next year, we will be keeping the point tally on line so you can see how you are stacking up.

For all classes, we count 6 of the 7 races in the Harbor and Point series, 2 of 3 in the Three Hour Tour, and 16 of the 20 Windseekers Wednesday races. A total of 24 races out of the 30 raced. Consult your race book for more information. But more important - You must be a member of CYCT!

There are a few things we are looking at for 2019:

1. Continuation of the Challenger Class is being reviewed
2. Revised race courses for the Point and Harbor Series are under review
3. We have held one weekend in May for a 2 day regatta, looking at how this will look
4. Post race / Post series gatherings
5. Benefits to providing RC volunteers and benefits for those volunteers.

Again, as I have said before, if you have suggestions, please send them to me via e-mail. All suggestions will be considered.

So, that is is folks - looking forward to seeing you over the holidays at our CYCT functions, as well as seeing you on the January 19th Saturday Morning for our first race of 2019.

OH, and I almost forgot - don't forget about our friends up in Des Moines at TTPYC - their Duwamish Head race is coming up January 5th.

Eric Nelson

Racing fleet Captain

S/V Gardyloo

Gardyloo Consulting LLC

Eric Nelson - Manager

253-380-3947 gardyconsult@gmail.com

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Corinthian Yacht Club of Tacoma Tentative 2019 Race Calendar

Saturday	1/19/19	Quartermaster Harbor - Harbor Series #1
Saturday	2/2/19	Pt Ruston - Harbor Series #2
Saturday	2/23/19	Zenith Harbor - Harbor Series #3
Saturday	4/6/19	Spring Single / Double Handed Race
Sunday	4/7/18	CYCT Race Seminar
Wednesday	4/10/19	Spring Series #1
Wednesday	4/17/19	Spring Series ##2
Wednesday	4/24/19	Spring Series #3
Wednesday	5/1/19	Spring Series #4
Wednesday	5/8/19	Spring Series #5
Wednesday	5/15/19	Late Spring Series #1
Sat/Sun	5/18/19—5/19/2019	CYCT RACE WEEKEND (2 DAYS)
Wednesday	5/22/19	Late Spring Series #2
Wednesday	5/29/19	Late Spring Series #3
Wednesday	6/5/19	Late Spring Series #4
Wednesday	6/12/19	Late Spring Series #5
Wednesday	6/19/19	Summer Series #1
Saturday	6/22/19	Manzanita Margarita - Three Hr Tour #1
Wednesday	6/26/19	Summer Series #2
Wednesday	7/10/19	Summer Series #3
Saturday	7/13/19	Ruston Classic - Three Hr Tour #2
Wednesday	7/17/19	Summer Series #4
Wednesday	7/24/19	Summer Series #5
Wednesday	7/31/19	Late Summer Series #1
Saturday	8/3/19	RC Delight - Three Hr Tour #3
Wednesday	8/7/19	Late Summer Series #2
Wednesday	8/14/19	Late Summer Series #3
Saturday	8/17/19	Vashon Challenge
Wednesday	8/21/19	Late Summer Series #4
Wednesday	8/28/19	Late Summer Series #5
Saturday	8/31/19	CYCT Awards Race - Stand Alone
Saturday	9/21/19	Point Robinson - Point Series #1
Saturday	10/5/19	Point Defiance - Point Series #2
Saturday	10/12/19	Memorial Single Hand
Saturday	10/19/19	Pt. Piner - Point Series #3
Saturday	11/2/19	Browns Point - Point Series #4



Cruising

Home Stretch

The always popular, November cruise to Arabella's Landing in Gig Harbor was once again... popular! Half a dozen boats and a number of land yachts joined the event.

Friday night a group of us headed to the Tides to celebrate Gary Ballentine's well deserved retirement from Rite Aid. We left the Tides and reassembled on La Sirena for fun and retirement cake.

On Saturday, some took part in the always interesting Le Mans race. Others watched from the shore or did the town. Saturday evening, host John Coyne fired up the grill and cooked burgers and dogs for all. Dinner was followed up by games and singing in the meeting room at Arabella's.

On Sunday morning we ate a hearty breakfast on La Sirena before sailing home in the sunshine. Another successful cruise.

We have one more cruise left for the year – the annual Un-cruise at Tyee marina. Follow Facebook and CYCT.com for last minute details. Join us on New Year's Eve

And that brings us to 2019! Cruise depend on hosts and we are looking for them! We can help you if you're a first timer or hand you the reigns if you're an old hand. Below is a list of suggested cruise dates, themes, and locations. Some dates and locations are set, such as Daffodil and Opening Day. Others have some flexibility. Different cruises require different levels of commitment as well. For Daffodil, maybe a breakfast and that's it. For Memorial Day, it might be a potluck one night, burgers on the beach another. The important thing, reach out to Julie and I and let us know you are interested.

Until then,

Happy Cruising

Ken and Julie St. John

S/V La Sirena



CYCT Preliminary 2019 Cruising Schedule

Date	Cruise/Theme	Host	Location
February 9-10	Commodore's Ball	Unofficial Cruse to TYC?	Tacoma Yacht Club?
March 9-10	Winter Cruise		Foss Waterway?
April 13-14	Daffodil Marine Parade		Tacoma Yacht Club
May 3-5	Opening Day		Seattle Yacht Club
June 15-16	Father's Day		Bell Harbor? Shilshole?
July 4th (Thurs)	Independence Day		Quartermaster?
August	Picnic		
August 31-Sep 2	Awards Race/Memorial Day		Foss Seaport?
September 28-29	End of Summer		Bremerton?
October 19-20	Wineseekers		Eastern WA?
November 16-17	Crew Cruise	John Coyne	Gig Harbor (Arabellas)
December 31	Un Cruise		Tyee

Join us for the annual CYCT Christmas Party!

Saturday, December 15th

Check the CYCT Facebook page for more details!

Cocktails 4:30-6

Dinner 6PM

Please bring a side dish or a dessert

Club will furnish Turkey, Ham,
Mashed potatoes and gravy.

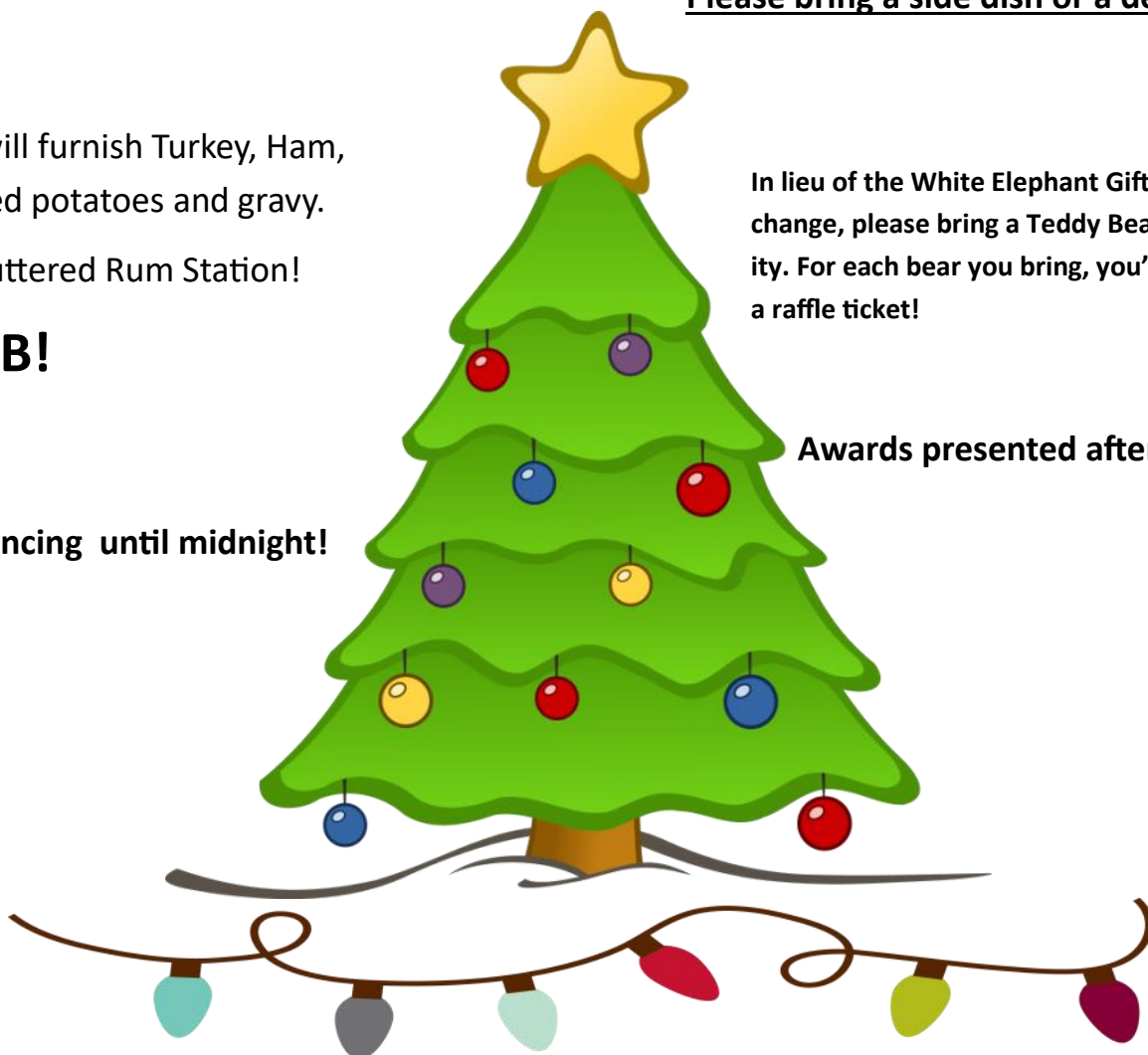
Hot Buttered Rum Station!

BYOB!

In lieu of the White Elephant Gift Exchange, please bring a Teddy Bear for charity. For each bear you bring, you'll receive a raffle ticket!

Awards presented after Dinner!

DJ/Dancing until midnight!



Brown's Point Improvement Club

201 Ton A Wan da Ave NE Tacoma, WA 98422



Members Abroad

Keep track of our non-resident
members as they live the life we only
dream of!

Dennis and Becky Flannigan

S/V Kokomo



After 10 years of dreaming we are off. Follow along as we move about the globe fixing our boat in different cultures and exotic places.

[http://
www.kokomosailing.com/](http://www.kokomosailing.com/)



Chris and Janet Wenderoth

S/V Respite



[http://www.sailblogs.com/
member/respite/](http://www.sailblogs.com/member/respite/)



Moving out of the area, and want us to
keep in touch?
Email us! membership@cyct.com

December 2018

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 CYCT Christmas Party
16	17	18	19	20	21	22
23	24	25 	26	27	28	29
30	31 UnCruise					

2019 Calendar Coming Soon!

Sunshine



October

I sent cards to Becky Flannigan on the death of her aunt, and also for the birth of her new granddaughter.

To Ken Fine, Past Commodore for his cancer fight. And to Gary Ballantine on the death of his father.

November

Cards went out to Gary Ballentine on his retirement. There are some jealous people, Gary. And to Pierre Michel on the death of his father.

You can contact me with any news of people who need a card by email at ddmac22@msn.com, or by phone or text at 253-640-7429.

Debbie McAdams
S/V Red Splash

Happy Birthday to our CYCT

Members

Jack Harris	December 10
Jack Hovey	December 15
Don Kimball	December 10
Ken St John	December 8
Steve Wagner	December 23



On The Cover

Hail to the Chief

By

Eric Nelson

Saw it on Facebook



Jeremy Bush

Admin · December 5 at 6:25 PM

Just in case the rubber chicken award means losing the rubber chicken, spare is available at Peaks and Pints on Proctor. 🍗



👍🤔 12

12 Comments · Seen by 19

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Janice VanRavenswaay (According to Brock) The CYCT



Basic Rules

- You must be a CYCT member or sponsored by a CYCT member to post an item.
- Each month the CYCT posting member must submit their items for sale before the 25th of the month (send your post to jmainsheet@cyct.com).
- **Items must be submitted each month or they will not be reposted.**
- You are responsible to sell your item so you must include your contact information (items without contact information will not be posted).

contact mainsheet@cyct.com

SHOVING OFF

If it doesn't go anywhere...



I want to share two mechanic hints.

Now know, I am not a mechanic. I can fix most anything, but I am not a mechanic. Kind of like I am not a fine wood worker. Carpenter certainly. Woodworker, probably. But fine? I lack a certain, uh, attention to detail. Try though I might, there is just something missing that keeps me from claiming those loftiest of titles.

I'm a handyman. A MacGyver. A fix it guy.

If it goes wrong, in a pinch, in a tough, tight situation, I can often come up with a creative solution.

Lose your shifting while waiting for the locks. Run below and shift into gear by grabbing the arm on the transmission. (Then pass the duty on to your good friend Don McAdams.)

Steering cable snaps (when it's blowing 20 knots and you have a boat full of students.) Shove everyone out of the way and pull out the emergency tiller. When it bends at the attachment, beat it back into shape on the rudder post and clamp it on with a C-clamp.

Shift lever breaks headed to the start of a race. Find a vice grip and shift with that.

Too often though, the event I rescue us from happened because I screwed something up in the first place – such as a few weekends ago heading to the club cruise at Gig Harbor.

We had headed out at about 5:00 for a hopefully uneventful cruise to Arabella's. We were somewhere off of the Tacoma Yacht Club when the lovely and gracious Mrs. St. John noticed that things smelled a little hot down below. Now our big ol' diesel generally barely moves the temperature gage and here it was at 12:00 straight up. Normally that is just right for an engine, but it is unusual for ours. Worse, the temperature was climbing.

When the alarm went off we shut things down and I went below to look. Things were damp in the engine room. There was a hose coming out from under the work bench pumping out hot, dirty water. I stuck the hose in the bucket and looked for where it should go.

Nothing, zilch, nada. I couldn't find it.

We tried adding fluid, letting things cool down but we were just too hot and that engine too too expensive to risk.

Fortunately, Gary and Joy Ballentine on the Condo, I mean Raven, were kind enough to tow us in while Eric Nelson on Gardyloo stood by.

Once at the dock, A. J. Brumfield from Asylum (who IS a mechanic) jumped on board. He looked for where the hose went. Don McAdams looked for where the hose went. Random passers by looked for where the hose went. No one could figure it out.

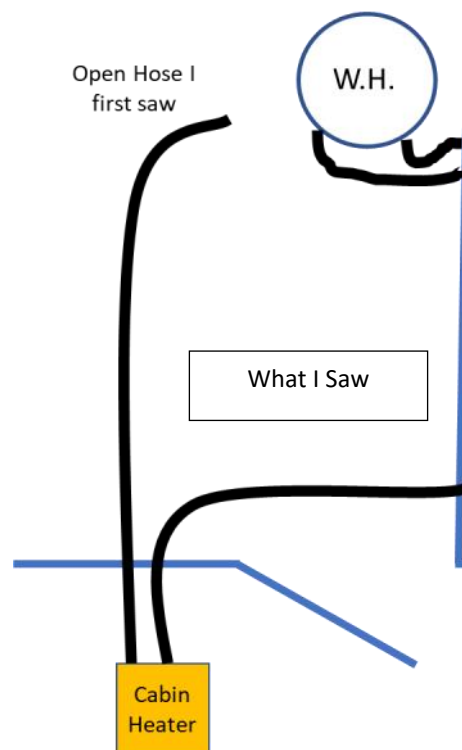
Finally, we decided it was an overflow or something and A. J. gave the engine coolant a big old burp and all seemed well.

Did I mentioned I put in a new water heater a few months ago? A water heater that partially uses the engine cooling?

Which brings us to the first hint. When you take something apart, take pictures, make sketches and diagrams. Then take more pictures. Think you'll remember how it all goes back together? You won't! You'll be close. Maybe.

I had not taken any photos or make any sketches of the water heater installation. I mean simple and straightforward, right?

Finding that hose to nowhere, I guessed that there had been a tee which I had missed in reassembly. A trip to the Ship



SHOVING OFF

(Continues...)

to Shore store and \$43 later, I installed a new tee routing the extra hose into the system. It didn't make sense, but hey, it made more sense than going nowhere.

The new tee worked great – for an hour (about the time it took for the engine to heat up.) We ended up shutting the engine down and sailing to near the Tyee entrance (I can so still sail!)

Gallons and gallons of dirty water were collected under the engine which all had to be pumped out. How had it gotten there? Where had it come from?

I decided to follow the water heater hoses. One of the two hoses from the water heater came through the engine room wall and just ended. It went nowhere! My guess; someone had added the cabin heater and replaced the water heater hose with the cabin heater hose. The no unused hose was just left. Which brings us to hint number two:

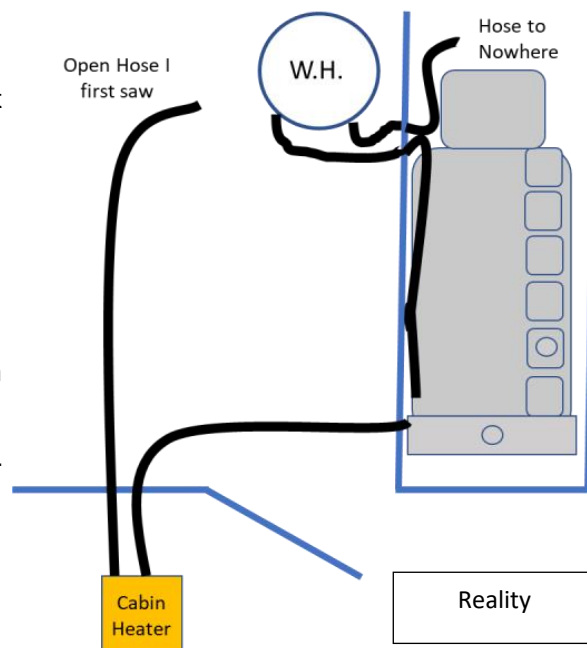
If it doesn't go anywhere – it should go somewhere!

Often that somewhere is the trash. I've followed this rule on all of my boats. When I find a hose or wire that goes nowhere, I remove it. Better to do that in a calm fashion than trying to figure out something in the dark in a pitching boat in the Tacoma Narrows.

I removed the idle hose. I removed the fancy bronze tee and adapters. The engine coolant goes to the cabin heater which goes to the water heater which goes to the engine. It all makes sense!

I hope.

Special thanks to Gary and Joy Ballentine, Eric Nelson and A. J. Brumfield.



Ken St. John