The Corinthian Yacht Club of Tacoma Newsletter

Volume 18, Issue 6 June 2018

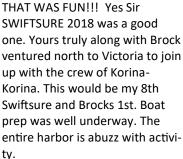
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Commodore



Vice Commodore





Summer is almost here! Time to retire the "meatloaf special" and join your fellow sailors at Tyee Marina for the next three months for general meetings. Bring something to heat up on the grill and a side dish to share and lets plan a great summer together!



A dock walk was in order to see who all is present. Stopped by to say hi to Ron Holbrook on Constellation. Jeopardy was tied up awaiting her crew. I saw club members on Equus. I strolled over to the Oregon Offshore mooring area to meetup with Portland buddies. Steve Ryan's old Desperado (my Offshore ride last year) was there, said hello to my old friend Jerry Barnes. Getting back to Korina in time to take our youngster Edwin up the mast for spreader cleaning and tape repair. Edwin would later regale us with sailing shanty's. This years crew will be eleven. Typically our crew is an international affair with half being Yanks and the other half being shanghaied Canadians. We would have three who were new to the boat. We all made our way to the Stratcona Hotel for the awards and skippers meeting. Korina's skipper Jon Knudson accepted the trophy for 1st in PHRF B, Swiftsure Classic. Looking at the "long course fleet" we would have our work cutout for us defending Over Memorial Day weekend I was able to be a part of the Swiftsure International Yacht Race sponsored by the Royal Victoria Yacht Club. I kissed Brock goodbye knowing he was gone for a couple of days while he sailed (and drifted) to the outer bank of the Juan De Fuca. Even if you are not planning on going on a boat, it's an event worth watching from the shore.

I was able to watch the start at Clover Point, a short bike ride or brisk 45 minute walk from the inner harbor. When I arrived, I was surprised to see so many people! There was a pancake feed, and MC who broadcasted all the events like an ESPN special. There must have been over 300 people; families of sailors as well as locals watching a good show. Even with 200 boats on the water I was able to find Brock out there!

(Continued on page 3)

(Continued on page 4)

2018 CYCT Officers & Board Members

FLAG OFFICERS

Commodore: Don Kimball

Vice Commodore:

Janice VanRavenswaay

Rear Commodore: Angie Morales

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Tom Tenney

PHRF Director: Eric Nelson

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Nelson

MAINSHEET

A publication of The Corinthian Yacht Club of Tacoma

- - -

5624 Marine View Drive Tacoma, WA 98422 Email the editor: mainsheet@cyct.com



Yacht Club on June 30.

Rear Commodore

This month I would like to give a little more insight of the Sail AHead Program which will be hosted at Tacoma

Officially launched in the winter of 2013 by brothers Kilian and Sean Duclay, and with the support of their family, friends and the Oakcliff Sailing

Center in Oyster Bay, New York this

organization has really sailed so to speak, and is making its mark for the second year here in Tacoma. Along with the brothers, sisters Jennifer and Maya, winter sailing became their passion.

I'm sure most people know how harsh the winters in the East can be especially on the water. It was in those conditions they realized working together as a team, and having fun they saw that sailing could be a healing remedy.

As a result of their positive experiences they decided to invite local Long Island veterans to share their experiences on the water through sailing. That is how they began to use sailing as a therapy- a "heeling to healing" so to say.

They sail all year round and continue to take veterans out on the water. They have probably taken hundreds and many return regularly. Some even have taken formal sailing certifications. It's remarkable how these brothers and their sisters saw the power of being on the water can have such a positive result.

In 2015, Army Ranger Veteran George Eshleman decided to hike the Appalachian Trail after the tragic loss of his friend. He carried 218 Veteran name tags who ended their lives as a result of PTSD. He too has battled the temptation of suicide.

SailAhead is focused on spreading awareness of PTSD and Veteran Suicide. Currently there are at least 22 veteran suicides a day. SailAhead has duplicated the 218 name tags with the approval of the families and has sadly had to add another tag of a veteran, making the new total 219. Technically, the 22 a day translated into 220 veteran suicides every 10 days.

What significance does 219 have you may be wondering? The 2 represents the two brothers Kilian and Sean Duclay. The 19 represents the young age of their friend USMC Michael Blanco who ended his life. The white of their flag signifies the breaking waves on the sea during a storm. The black numbers 219 repre-

(Continued on page 4)



Commodore (continued)

(Continued from page 2)

our title. Following a crew dinner and good nights sleep (except for the building shaking bass drum from the bar next door) it was time to join the parade to Clover Point for the start.

This year would be a reverse start, slower boats first. That made us forth start. This is quite a show, nearly 150 boats jocking for position in their sequence's. There are spacer boats, photo boats, judge boats and of course the HMCS Nanaimo on one end of the line with the pin end on Clover Point. Each start is punctuated by the Nanaimo's foredeck gun being fired. Our start is a good one. No one is heading towards Race Rocks this year with a strong contrary current. For us it will be closehulled all the way to the American shore. As we enter the central Straights the breeze builds. Soon we are dousing the #1 and up with the #3. It's not long and we tuck in reef #1. From there on almost to Neah Bay it's rail down, wave breaking over the foredeck. Nearing Neah Bay the wind eases so out comes the reef. Later its to the light/ medium #1 in a dying breeze. We watch the Cape Flattery boat round their mark pop chutes and head east.

For the Swiftsure boats its eek your way out towards the Bank and the HMCS Nanaimo now anchored as our mark. As the water turns into a mill pond (with ocean swells) we inch our way westward. The wind died about 9 PM. We fight our way to the mark in each zephyr we can find. At 2:40 AM we are finally around. We slowly distance ourselves back towards the straights; but, it will not come easly. Finally at 10 AM the wind starts to fill in. We are STILL miles west of Neah Bay. The wind does return, it time to set our kite and ride to the finish.

Since the start we have been in a battle with our rival boat, Hana Mari, she is a sleek Wyle 43. We rate the same 66. We see Hana Mari about a 1/4 mile behind us. We play our strategies and tactics. We continue to switch leads. The tides and winds are favorable so we see 9 - 11 knots with surf's as high as 14.7. We trail the Wylie 43 as we accelerate thru Race Passage. This day there is wind all the way to the finish our spinnaker is still flying as the finish horn sounds. But alas we are 3 minutes behind Hana Mari. We hail our congratulations to the victor. After all the waves, wet and cold what did Brock think? He wants to do the Off Shore. After all you do get a free bowl of soup at the end!

Don Kimball Commodore CYCT, SY Cool Kat



Rear Commodore (continued)

Vice Commodore (continued)

sent the threatening clouds in a storm and the mourning for the loss of friends.

I'm confident that you will find it in your hearts to be a part of SailAhead June 30 at Tacoma Yacht Club as this year's sail will be in memoriam of Matt Wilson, Specialist 75th Ranger Regiment, 2nd Battalion. Please contact Bill Foulk (TYC) at 253-241-7345. Or Nancy Williams (TYC) at 253-549-5046. It will be a full day. 11:30 am- 6:30 pm at the TYC Guest Dock. There will be snacks at noon on the dock. Introductions/Assign boats at 1:00 pm. Depart TYC 2:00 pm and return at 5:00 pm. BBQ Dinner provided on the dock at 5:30 pm- 6:30 pm.

Please feel free to provide snacks and beverages to your guests. Alcohol serving is at the discretion of each boat owner but do so in moderation.

Angie Morales Rear Commodore S/V LA GITANA









Afterwards the Canadian Navy and Coast Guard performed a Search and Rescue demonstration with ships and helicopters.

This was our first time being a part of something like grand. Even though I wasn't sailing, the City of Victoria was so welcoming to everyone and I had a great time! I was able to link up with several of our CYCT boats and crew members who did participate, and had many drinks with the wives who stayed ashore!!. Brock did finish at 5:36 the next evening. Swiftsure has a tracker on every boat so I was able to follow his speed and distance the entire time!

Happy Sailing!

Janice VanRavenswaay Vice Commodore

Gardyloo Consulting LLC

Eric Nelson - Manager

253-380-3947 gardyconsult@gmail.com

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Sail Ahead/TYC Outreach Let's Take a Vet Sailing WA Event

In memoriam – Matt Wilson, Specialist 75th Ranger Regiment, 2nd Battalion Saturday, June 30th Tacoma Yacht Club

Sailing Event to Support Active Duty and Retired Veterans

Details of the Day

Arrive at Docks 11:30am

Guests Arrive-Snacks on Dock 12 Noon

Introductions/Assign Boats 1:00 pm

Depart TYC 2:00 pm

Return TYC 5:00 pm

BBQ and Dinner on the Dock 5:00pm - 6:30pm

Thank you very much for your support and sharing the water with some great individuals!

Contact Info:

Bill Foulk 253-241-7345 wcfoulk@yahoo.com

Nancy Williams 253-549-5046 <u>nancyjwilliams9@gmail.com</u>



Racing

Racing has been pretty good this past month, with decent winds for most of the races..... we are trying our best to give good courses and varying start locations to do so, so I hope that is paying off by providing better racing for everyone to enjoy. As the summer approaches (have to wait

we can get a bit of the Windseekers participants out for this one. The first one is June 23rd, then two more in the coming months

It is surprising, but we are almost half way through Wednesday night racing. It is great to see all of the boats out there participating, but also all of the new sailors coming in form the numerous pipelines.

New blood in the sport is always good for everyone.

just a few more weeks), we will continue to do our best with the weather conditions.

Now that the pleasantries are out of the way..... I must ask all participants to review and keep a copy of CYCT's General Sailing Instructions on hand for reference. With the exception of the course being sailed on Wednesday night, almost every other question is answered in those pages.

A few reminders to those racing:

- 1. RC will not respond to questions via radio. The RC will respond to boats checking in and may notify boats over early, but that is the extent of the interaction that should be expected. As for announcing the race course for Wednesdays, the RC will make announcements at 6:30PM, 6:40PM, and 6:50PM.
- 2. Protest if you have a protest, you must inform the boat you are protesting immediately, fly a protest flag, and notify the Race Committee after you are done racing. After that, you may find a protest form on line at CYCT.com, fill it out, and forward it for review per our revised Arbitration as out lined in the General Sailing Instructions. My expectation is that we get the form submitted within 48 hours.
- 3. Safety each boat owner is responsible for having insurance with a \$300,000 minimum limit and all required safety gear as outlined in the General Sailing Instructions. Because of a number of issues, CYCT Race Committee may, at their discretion, spot check randomly selected yachts for conformance to these safety regulations. IF boats are found to be missing items, they will have one week to confirm that they have met the regulations. If they do not, they may be subject to Disqualification

With that out of the way....

Looking forward to our 3 Hour Tour series stating later this month and going on through the summer - always a great way to spend a Saturday with your friends on the course - lets see if

Eric Nelson, Fleet Captain—Racing S/V Gardyloo

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Corinthian Yacht Club of Tacoma 2018 Race Calendar

Saturday	January 20	Quartermaster Harbor - Harbor Series #1	
Saturday	February 3	Pt Ruston - Harbor Series #2	
Saturday	February 24	Zenith Harbor - Harbor Series #3	
Saturday	April 7	Spring Single / Double Handed Race	
Saturday	April 7	CYCT Race Seminar	
Wednesday	April 11	Spring Series #1	
Wednesday	April 18	Spring Series ##2	
Wednesday	April 25	Spring Series #3	
Wednesday	May 2	Spring Series #4	
Wednesday	May 9	Spring Series #5	
Wednesday	May 16	Late Spring Series #1	
Saturday/Sunday	May 19-20	Grudge Match 2018—CANCELLED	
Wednesday	May 23	Late Spring Series #2	
Wednesday	May 30'	Late Spring Series #3	
Wednesday	June 6	Late Spring Series #4	
Wednesday	June 13	Late Spring Series #5	
Wednesday	June 20	Summer Series #1	
Saturday	June 23	Manzanita Margarita - Three Hr Tour #1	
Wednesday	June 27	Summer Series #2	
Wednesday	July 11	Summer Series #3	
Saturday /	July 14	Ruston Classic - Three Hr Tour #2	
Wednesday	July 18	Summer Series #4	
Wednesday	July 25	Summer Series #5	
Wednesday	August 1	Late Summer Series #1	
Saturday	August 4	RC Delight - Three Hr Tour #3	
Wednesday	August 8	Late Summer Series #2	
Wednesday	August 15	Late Summer Series #3	
Saturday	August 18	Vashon Challenge	
Wednesday	August 22	Late Summer Series #4	
Wednesday	August 20	Late Summer Series #5	
Saturday	September 1	CYCT Awards Race - Stand Alone	
Saturday	September 22	Point Robinson - Point Series #1	
Saturday	October 6	Point Defiance - Point Series #2	
Saturday	October 13	Memorial Single Hand	
Saturday	October 20	Neil Point - Point Series #3	
Saturday	November 3	Browns Point - Point Series #4	



Cruising

Hello Summer

Bill Jenks and Cindy Craig did an amazing job hosting the Memorial Day cruise to CYCT favorite, Penrose Point State Park. Despite a number of our members being at Swiftsure, we had as many as a dozen boats rafted up including Discovery, Asylum, Wild Duck, Eleven, Maria Christina, French Kiss, Wild Oats, Wind Wizard, Bailey, La Gitana and La Sirena. Dining included an all out Mexican feast, a "domestic dinner" and two yummy breakfasts. Some of the "adults" in the group dinghied in to join the locals at the Lakebay watering hole for some evening music and dancing. A few even went on an impromptu swim (i.e. unplanned and unintended) afterwards. Unfortunately, strict rules prohibit the same



person getting the chicken award for the same offense twice in a row. Sun was in abundance for the weekend as were sun burns Angie. The group enjoyed an Asylum sing-along and visits from friends, family, and even a raft up guest. Thanks Bill and Cindy for a great time.

Coming up next is the "Bright Lights, Big City" tour to Bell Town Marina, smack in the middle of downtown Seattle. You'll want to call soon for reservations (see the flier). Dates are June 30th through July 1st. Many of us are headed up Friday so that we can join the hipsters for happy hour on 2nd avenue. A steak dinner is planned for Saturday evening if we can figure out the logistics. Stay tuned on Facebook.

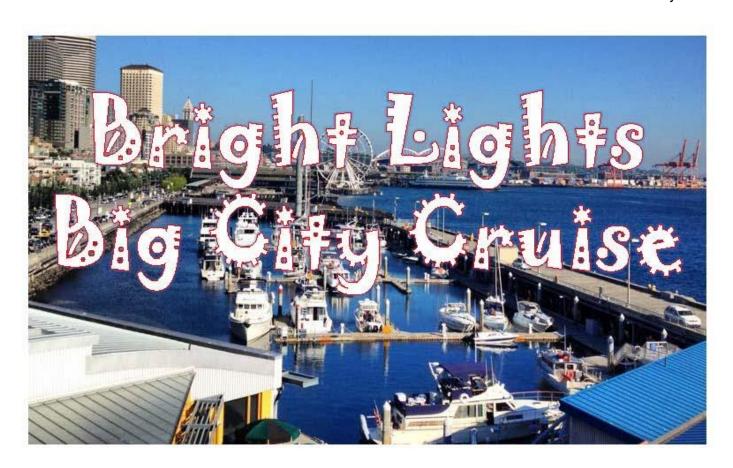
Other events to look forward to are the summer picnic – details TBD, the Labor Day cruise and our October "wine seekers" car cruise. Also check Facebook for un-sponsored club events to Quartermaster Harbor for July 4th and Poulsbo in August for the Cruiser's Rendezvous.

Happy Cruising
Ken and Julie St. John
S/V La Sirena



CYCT 2017 Cruising Schedule

Date	Cruise/Theme	Host	Location	
February 24-25	Winter Cruise	St. Johns	Tacoma—Foss	
March 23-25	St. Patrick's Day Cruise	Tenneys	Dockton	
April 14-15	Daffodil Festival	No Host	Tacoma Yacht Club	
May 4-6	Opening Day	VanRavensways	Seattle Yacht Club	
May 26-28	Memorial Day	Bill Jenks and Cindy Craig	Penrose Pt. Raft Up	
June 30-July 1	Bright Lights, Big City Cruise	St. Johns	Bell Harbor	
August	Annual Summer Picnic			
September 1-3	Labor Day	Stephane Arnold and Jeremy Bush	TBD	
October	Wine Seekers	Nelsons	Over the Mountains	
November 17-18	Crew Cruise	Coynes	Gig Harbor—Arabella's	
December 31	UnCruise	Morales'	Tyee	



Location: BELL HARBOR Marina in beautiful, downtown Seattle

When: June 30th - July 1st. Early arrivers coming June 29th

Events:

- Friday afternoon Happy Hour on 2nd Avenue
- > Saturday Evening Pot Luck Dinner Steak Provided!
- > Sunday Morning Breakfast on La Sirena

Call Bell Harbor Marina - 206-787-3952 - and reserve now!

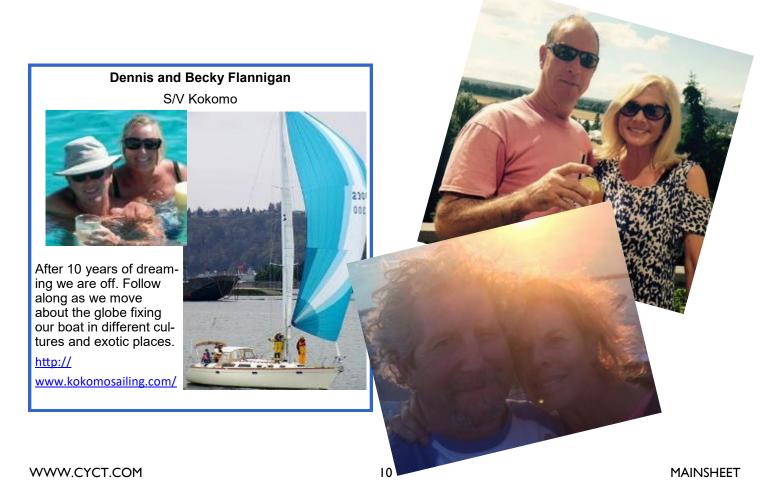


Members Abroad

Keep track of our non-resident members as they live the life we only dream of!







June 2018

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Late Spring Series #4	7	8	9
10	11 General Meeting (Tyee)	12	13 Late Spring Series #5	14	15	16
17	18	19	20 Summer Series #1	21	22	23 Manzanita Margarita 3hr Tour #1
24	25 Board Meeting	26	28 Summer Series #2	28	29	30 Bright Lights, Big City Cruise (Bell Harbor)

July 2018

SUN	MON	TUE	WED	THU	FRI	SAT
1 Bright Lights, Big City Cruise (Bell Harbor)	2	3	4	5	6	7
8	9 General Meeting (Tyee)	10	11 Summer Series #3	12	13	14 Ruston Classic 3hr Tour #2
15	16	17	18 Summer Series #4	19	20	21
22	23 Board Meeting	24	25 Summer Series #5	26	27	28
29	30	31				

Ed Pinkham "Keep Sailing"

By Matt Thomas

CYCT Historian
June 2018

Past Commodore Ed Pinkham has been sailing for sixty years. You've likely seen this soft-spoken man at the helm of his sailboat, Jeopardy. For Ed, sailing is a "vocation." Ed has sailed and raced in all different sorts of boats in places all around the country. And, no matter the conditions, Ed knows how to make it pay. Ed has sailed since he was 13.

When Ed's family moved to San Diego from Kodiak Island, Alaska, Ed's father, a Navy doctor, bought Ed an 11-foot, centerboard Penguin sailboat. Ed was 13. Ed's family joined the San Diego Yacht Club and Ed raced his Penguin in San Diego Bay. His competitors included Dennis Conner, who went on to compete in the America's Cup.

Wherever Ed was, he sailed. When the Navy sent Ed's dad East, Ed sailed on the Chesapeake Bay. When Ed's family moved to Florida, Ed crewed on his dad's Starboat in Key West. Ed served in the Navy in the late 1960s and he sailed Snipes in Rota, Spain. Later, in Idaho, Ed sailed a laser and a 17-foot centerboard Snipe in lakes, rivers, and reservoirs.

In the early 80s, Ed won the NW National Championship on his Snipe sailboat.

Windseekers

Ed started racing with the Windseekers in 1995 on his J-30, "Levitation." Ed recalled that the races back then were less formal. The CYCT did not run the Windseeker races, though many CYCT members sailed in them. CYCT participated in the TARC races and hosted Fun on Friday races. Ed noted that the boats were smaller in those days. Ed said you don't see San Juan 24s or Catalina 27s in the Windseeker races anymore. Ed estimated that the average boat size is now about 35 feet.

Ed has competed in longer races like Swiftsure eight to ten times, both in his own boat and as crew. Ed also made two trips down the coast to California, sailing with Gene Brown on Mystic and Ron Holbrook on Intuition. Ed described these trips as "cold, wet, and long."

The Black Gasser

Ed said his most harrowing sailing experience was racing on a Nacra 5.2 Catamaran on Lake Lowell in Idaho. A "black gasser" descended upon the fleet and the winds shot up to 35 knots. Ed was sailing on a reach when the storm hit and he said that he "never went faster." The RC abandoned ship. Ed eventually made it to shore and helped other sailors get in safely.

Another harrowing experience occurred when Ed was CYCT Race Chair. He and his wife, Sue, were in the old Romeo Charlie monitoring a race. A tug went by and the bow of the RC plunged nose down into a large wave. The RC was quickly swamped. Luckily, the motor and bilge pump still worked. Twenty minutes later, the RC was cleared of water. The only loss was Ed's cell phone.

Service to the CYCT

Ed has served as CYCT Race Chair three times, Membership Chair twice, Rear Commodore, and then Commodore in 2004. Ed said his most difficult task as Commodore was telling the club about the death of a sailor who had drowned during a race. Ed represented the club at the sailor's funeral in Gig Harbor.

Ed was participating in the same race in which the sailor died, but Ed did not learn of the accident until after the race was over. Ed described what he recalled learning of the tragic event: The sailor, who was the skipper of the boat, fell off during a spinnaker run. He was wearing an inflatable life jacket, but it was restricted by his clothing. The crew was inexperienced and had difficulty getting the sailor back on board.

Keep Sailing

Ed's advice to CYCT sailors is to keep sailing. The more you sail, the better you will get. Ed said he admires his former crew members who buy a boat and then beat him.

Ed advises that you should do everything you can to prepare your boat for racing or cruising. Change the oil. Learn the rules on rights of way.

Ed exemplifies the love of sailing that our club fosters. Let's take Ed's advice and keep on sailing.

Sunshine



I sent cards to John Stafford-crew on Red Splash for a surgery, to Peggy and Joe Salz for Peggy's father's passing, to Cheryl White for her fathers passing and will be sending one to Tom O'Hara for his father's passing. Services for Carol Mackinnon Broadhead are Saturday, June 2 at 3 pm at St Andrews Episcopal Church, 7410 S 12th St, Tacoma, WA, 98465. As most of you know she lost her valiant battle with cancer.

In the good news side, I sent cards to Debbie Kimball for her retirement!!! Woot woot!! And to Skip Broadhead on the birth of his grandson Joshua.

Keep me posted if you know of anyone who needs a little sunshine.

ddmac22@msn.com or at (253) 640.7429

Deb McAdams, S/V Red Splash

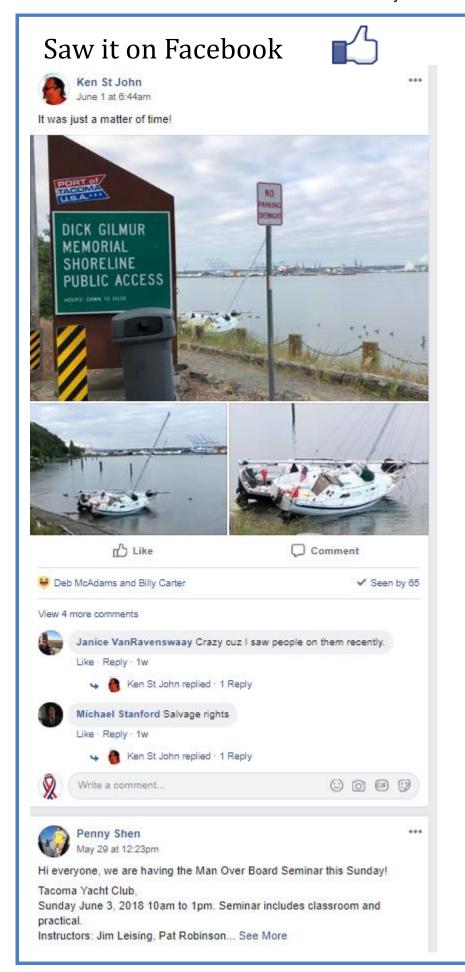
Happy Birthday to our CYCT Members

Dana Bachellerie-June 30 Gage June 23 **Peter Barbin** June 1 **Tim Garchow** June 16 Kirk Parker June 13 **Ed Pinkham** June 4 **Chuck Queen** June 21 **Penny Shen** June 16 **Mark Stopka** June 19 **David Swanson** June 25 **Matt Thomas**



"Sunset Race"
By
Kris Bergnes
(Asylum Crew)

On The Cover







Basic Rules

- You must be a CYCT member or sponsored by a CYCT member to post an item.
- Each month the CYCT posting member must submit their items for sale before the 25th of the month (send your post to jmainsheet@cyct.com).
- ltems must be submitted each month or they will not be reposted.
- You are responsible to sell your item so you must include your contact information (items without contact information will not be posted).



Falling in Love Again

If you've been reading my articles for a long time – first, thank you, I stopped reading them a long time ago – you'll recognize that this is not the first time I've broached this subject, the love between a man and his boat. Why boats? For sure I like to shop and buy, but there are few, if any things, that I've become attached to like my boats. Cars? Maybe the Triumph Spitfire, but that car had a way of testing my love. Guitars – they come and go except for Old Number One. I've owned her for about 30 years and she has a special place in my life, but does she match up to the boats.



Have houses earned my love? Not really, although of things I've owned, I've definitely put the most labor into them.

No, it is boats that seem to desire and earn our love. Sirena Gorda, our Cal 2-27 taught us to sail, to anchor, to cruise. With her next owner she went on to be the stuff of magazine articles, sailing all the way to New Zealand before we lost touch. Naughty by Nature only raised the bar that Sirena Gorda set. She crossed bigger water, took us to Canada, entertained more guests and housed us for longer periods.

And that brings us to La Sirena. When we bought La Sirena, it was an abrupt breakup with Naughty, but you have to emotionally separate yourself from one before moving on to the next. Naughty sold about three months ago. At the same time, we moved out of our black hole of a slip into our present slip surrounded by our friends. Those two events really helped move some of the barriers to really loving her. And now it is hard to believe that we are in our ninth month of ownership.

Well the coming of warm weather doesn't hurt either! I had pictured sitting in the pilot house with my morning cup of coffee from day one, and now I have done it so many times. In the pilot house I'm far enough away from the wife and granddaughter so not to bother them when I rise early, and I have a 270° view of my surroundings. It's taken warm weather to really appreciate another vision I had of sitting in the cockpit (now known as the greenhouse) and enjoying more outdoor surroundings! Ah, relaxing on those big cushions, glass of wine in my hand, a little CSR playing on the stereo. What could be better? Well maybe a group of friends on lawn chairs on the foredeck (now known as the patio). Something we tried just this last weekend.

There's so much to love (and by so much I mean I haven't gotten all of the way around the hull with the wax, let alone started on the super structure!) The there's that beautiful, though somewhat temperamental, woodwork, that dependable Cummins diesel and those big solar panels that allow us to stay on anchor – so far without limit – and have all of the electrical we need.

Yes – we are coming to love her. She has room for overnight guest and can handle a dozen for a cruise around the bay. She looks good. She grabs attention. She can look downright imposing from water level.

Sure, like most sophisticated ladies, she can be complicated. She has wire bundles the size of small tee trunks. She can generate power through solar panels, batteries, the engine, the generator, the dock and mostly just by magic. She has two refrigeration systems, neither of which were working for a while. (Currently just one doesn't work.)

And she has secrets. And by secrets, I mean storage or hidden compartments everywhere. She's like a magician's suitcase. The more things we pull out of her, the more there is to discover! I have compartments on the swim step that I haven't even found the bottom of.

We are growing to love this special boat. We've gone so far as to contact a realtor to get going on the next step in the journey. Besides, the mattress on La Sirena is better than the one at home and the Lovely and Gracious Mrs. S – well she is mighty particular when it comes to mattresses.

I'm falling in love again... with La Sirena.

Morning View from the pilot house

