



Mainsheet

The Corinthian Yacht Club of Tacoma Newsletter

Volume 17, Issue 5

May 2017

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Commodore

"You've been out in the sun".

I keep hearing that. It can only mean one thing – boating season has finally arrived. Arrived after a winter setting an all-time record for rainfall that is.

Windseekers is in full swing. Summer Vashon was yesterday. Club meetings are moving to Tyee Marina. What more sign do you need?

Living five minutes away means that We are at the boat a lot. Family circumstances have kept us at the dock a lot but that doesn't stop us from dinner on the boat or even just puttering around. There's lots for a two year old to do (as long as you keep a hand on them) and plenty of friends to see. We have at least ten club boats on our finger of Tyee II and there is room for more.

One of the things that will enhance the Tyee II experience is that the Commodore finally delivered on his commitment to provide a kayak rack on our club dock. The rack has room for six kayaks – the commodore and Mrs. Commodore have already claimed spaces. We might fit on a couple of stand-up paddle boards as well. You don't need to



be a Tyee member to use the rack or the dingy dock. We do ask that you pay the club \$10 a month for dinghies and \$5 for kayaks. Don't make us come after you! Just give us the money!

Speaking of Tyee marina, we'll be giving everyone a chance to try it out at our upcoming Tall Ships Cruise, taking place June 17th and 18th. This is a busy weekend



with a planned cruise, a race and the Tacoma Tall Ships festival so rather than make you choose, we decided to make it possible to do it all. We'll provide Hamburgers and a bonfire Saturday evening (please bring a side) and breakfast Sunday morning. Other than that, feel free to come and go as you choose. This is a low activity event. Not a Tyee resident? The marina will allow moorage at \$20 a night with a copy of your proof of insurance. You can talk to me or visit the marina office. We'll focus moorage on Tyee II and activities at the clubhouse.

For Fourth of July we'll be cruising north to The Port of Brownsville hosted by Bill Jenks and Cindy Craig. They will be presented this years Outdoor Bad Captain's Maritime Olympics. I'm not sure how bad Bill and Cindy can be but I have high, or is it low expectations.

(Continued on page 12)

2017 CYCT Officers & Board Members

FLAG OFFICERS

Commodore: Ken St. John

Vice Commodore: Don Kimball

Rear Commodore:

Janice VanRavenswaay

BOARD POSITIONS

Recording Secretary: Deb McAdams

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Tom and Jennifer Tenney

Fleet Captains-Cruising:

Rich and Angie Morales

Fleet Captain-Racing: Don Kimball

Past Commodore: Eric Nelson

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PHRF Director: Eric Nelson

PIYA Representative: Eric Nelson

MAINSHEET

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Vice Commodore

Don's Excellent Adventures # 1 & 2

This is going to be a great year, I have six excellent sailing adventures planned. At this writing I have completed two of them.

Excellent Sailing Adventure #1: The Oregon Offshore May 11th - 14th. Sailing aboard Desperado (yep Steve Ryan's Desperado) a NY36 skippered by Jerry Barnes and crew of Portland , CYCP. Thursday morning proved to be off to a raucous beginning heading out over the Columbia Bar at 1.8 knots in some good sized waves. At one point the USCG closed the bar to 30' or less. This caused a bit of confusion as to weather the RC had postponed. Nope, no postponement, keep going out. At buoy R2 the RC was on station, the 21 boat fleet jockeying for position. Ten o'clock start and off we go. Winds are SW at 15 -25 so we start with a double reefed main and a 2.2 oz chicken chute. Now, this is a unique spinnaker, home built by one of the crew from tent material. Fairly small and having no shoulders it soon gets its new name. " THE THONG". This little rag carries us half the way up the coast at speeds up to 10 -11 knots. This sail scheme turned out to be a good one as we were face with a parade of squalls. During a brief lull we decided "more sail" so down comes "The Thong" up goes the 1.2 oz "normal" chicken chute, the double reef stayed in. The lull did not last long. Soon we were in 30 then 35 + knots, we blasted along seeing 40 knots. I was a bit nervous awaiting the broach. It never happened with that sail plan up. I feathered the main when needed and the helm was so balanced that the helmsman was steering with two fingers on the tiller. WOW! Finally as we approached Cape Flattery and the Duncie Rock turning mark we shook out both reefs. As we made our turn IT happened!..... Somebody turned off the wind switch! As most of you Windseekers know, now the hard work started. Sailing in light air, we inched our way to the finish at the Ogden Point Light in Victoria. It had taken us just 22 hours from Astoria to Cape Flattery, that's about 140 NM. The 50 NM to Victoria would take another 18 hours. Desperado would take 3rd in PHRF B. This race took us just under 40 hours, the previous time Desperado race the OOR she took 2nd.. that race took 52 hours.

Excellent Sailing Adventure #2: The Swiftsure International Yacht Race May 26th - 29th. This time I'm sailing aboard Korina-Korina a JN42, skippered by Jon Knudson of Vashon Is. This would be a different sort of Swiftsure, given



Rear Commodore

Well, summer is (almost) here! After spending several weeks getting Tatoosh up and running again, I look forward to enjoying the sun on the water.

Windseekers seem to have the weather improving as we go along, as least it has been drier with some kind of wind. This month also brings in the big races....several went to Swiftsure, many will do Summer Vashon, and a group is going to Long Beach California in the Catalina 37's. It's going to be a busy month.



Along with racing, don't forget to get some cruising time in. Our reciprocals are being updated daily. If you haven't checked that out, please go to www.yachtdestinations.org. You will need to set up a free account and then you can access our agreements. Don't see someone on the list? Drop me an email and I will do my best to make a connection.

Remember that our monthly meetings are moving to the clubhouse at Tyee from June to August. Hope to see you on the second Monday this summer! It's always been a BYOM (bring your own meat) and BYOB. Several also bring a side dish to share with others. Sure beats the Meatloaf Special.

Janice VanRavenswaay

Rear Commodore

S/V Tatoosh

HOME BOAT REPAIR RULE #1:

MURPHY'S LAW *always* WINS

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(Continued on page 4)



Racing

Hello Racers, We have a few items to talk about. We have just complete Late Spring WS #3. We have had 30 - 35 boats participating, great turn out! Challenger Class is going well, we would like to see a few more boats their. A few complaints on unsportsmanlike conduct. REMEMBER the RRS apply to all... YES Windseekers too. Play fair Ladies and Gentlemen. Up coming June 17th is the Three Hour Tour #1, The Manzanita Margarita. This coincides with the Tall Ships festival and the Tyee Cruise. We want to see a nice turn out for this.



Cyndi will need help on Romeo Charlie For This and the Windseeker Summer #1 on June 21 (Summer begins). Please contact your Race Committee to step up. I will be somewhere off the west coast of Vancouver Island. Suggestions and participation are requested to assist and spread out the responsibilities of the Race Committee. I have considered a plan in which each fleet elects a fleet captain. Each fleet would be responsible for the duties of conducting one or more races. The boat providing the RC crew would be scored as a tie for first in that race. Thoughts please.

We will see many of you at TYC's Summer Vashon as Romeo Charlie will be the north Vashon Mark. In efforts to promote successful south sound racing please besure to include TTPYC's Commodores Race in your schedule.

Alright, There's racing to be done. LETS GET AT IT!

Don Kimball

CYCT Race Chair, S/V Cool Kat

Gardyloo Consulting LLC

Eric Nelson - Manager

253-380-3947 gardyconsult@gmail.com

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Vice Commodore (Continued from Page 3)

the pre-race briefing of light winds and server adverse currents and the briefers final "Good Luck" it looked like a Driftsure for sure. The other hitch would be a reverse start, so those of us doing th Long Course to the Swiftsure Bank would start 4th. This would help the other course boats have a chance at making the Race Rocks passage before the door slams shut. Being advise of the up to 3 knot current flowing west thru the start line careful placement was necessary as to not get taken over early in light air. At the start ; (they use a cannon on a RCMS warship). Pretty loud, we were kind of barging. The big boys pushed us up and out. So we make a quick 360* and follow them out. The winds are better than predicted but still a bit light. On this day we go outside of Race Rocks. We progress westward keeping our tack to Callam Bay, tacking out then back towards Neah Bay. In the meantime the fog bank comes in and soon our visibility is nil. This can make for a little concern as you try to place the deep draft by there fog horns. I recall only having to tack back once as we could hear the freighters very close. Now we are NW bound on our line for the Canadian Naval ship anchored on the Swiftsure Bank as our mark. The fog lifts enough that we can see a couple miles we search for our mark. then we get a blessing. The fog clears enough that we are regaled by a rare viewing of the Northern Lights. Another WOW! The sky is an iridescent green. CHECK! Bucket list item. We round the mark at 3:20 AM. We are halfway though the course. Light wind again befalls us as we once again inch our way back. The wind direction is confused , we struggle to gain progress towards Neah Bay. Finally dawn arrives, on and off again fog continues to plague us. Near Neah Bay we gain some offshore thermals to help us along. At Clallam Bay we head across towards the Canadian side. As we approach the coastline we're beset by fog once more. The wind has increased and we make 9 -11 kts. Fast approaching Race Rocks all eyes and ears strain to spy the nearby shore. Then she appears , small island and breakers as we jibe over avoiding peril. Soon we are in the Passage, still making good speed. As soon as we are clear the "Rocks" the fog is gone and its a beautiful afternoon approaching Victoria. Our work in not yet done. As typical for the approach to the finish the area is notorious for light winds and very contrary currents. Our path is on the west side just outside of Esquimalt. Once again inching, #1 down.. spin up.. spin down..asym up.. asym down .. light #1 up.. then finally .5 oz chute up.. and we finish.. YEEEEAAAY!! So ends another Swiftsure.. We manage to carve out a second for the Swiftsure Lightship Classic PHRF#2. Taking the #1 was Tatoosh a Swan 51. Behind us was Hana Mari a Wylie 43. That was sweet because last year they timed out over us to take 1st.

WHEW! Next up will be Don's Excellent Sailing Adventure #3.. The Van Isle west side. Stay tuned.

Don Kimball

CYCT Vice Commodore

S/V Cool Kat.



Corinthian Yacht Club of Tacoma 2017 Race Calendar

| | | |
|------------------|---------------------|---|
| Wednesday | June 14 | Windseekers - Spring Series |
| Saturday | June 17 | Three Hour Tour #1 |
| Wednesday | June 21 | Windseekers - Summer Series |
| Wednesday | June 28 | Windseekers - Summer Series |
| Wednesday | July 5 | Windseekers - Summer Series |
| Saturday | July 8 | Three Hour Tour #2 |
| Wednesday | July 12 | Windseekers - Summer Series |
| Wednesday | July 19 | Windseekers - Summer Series |
| Wednesday | July 16 | Windseekers - Summer Series |
| Wednesday | July 26 | Windseekers - Summer Series |
| Saturday | July 29 | Three Hour Tour #3 |
| Wednesday | August 2 | Windseekers - Late Summer Series |
| Wednesday | August 9 | Windseekers - Late Summer Series |
| Wednesday | August 26 | Windseekers - Late Summer Series |
| Saturday | August 19 | Vashon Challenge |
| Wednesday | August 23 | Windseekers - Late Summer Series |
| Saturday | September 2 | Windseeker's Awards Race |
| Saturday | September 16 | Point Series #1 |
| Saturday | September 30 | Point Series #2 |
| Saturday | October 7 | Sailor's Memorial Single-hand |
| Saturday | October 21 | Point Series #3 |
| Saturday | November 4 | Point Series #4 |



Cruising

Opening Day of Boating for 2017 took place on the weekend of May 5-7 at the Seattle Yacht Club who is celebrating their 125th Anniversary! I'm very happy to say this year 8 boats from our club were in attendance.

A few land yachters made the trek and battled the parking issue.

There were many yacht clubs all along Dock 0. Each giving their own special flare whether it was the music from a live band on one of the motor boats to free green tropical drinks being served up to the many people strolling the dock.

Saturday all boats who were in the parade were decorated with dress flags or reflected this years theme "Emerald City Aahs!" There were boats decorated with the Space Needle, The Big Wheel and Mount Rainier to name a few. I heard that some 170 boats participated in the parade. That's a LOT of boats. Though it can look like chaos on the water it really is very well organized. Spectators lined the shore of the Seattle Yacht Club and all along the Montlake Cut, waving at the parade boats. Passing the Judges Boats and proudly saluting them in the Pass and Review is also a tra-



dition. Another sight to see are the many boats filling every available space along the Log Boom into Lake Washington. As we wait for the end of the parade, a lunch is served aboard the parade boats. Raven was host to our CYCT Commodore Ken St. John, Vice Commodore Don Kimball and Rear Commodore Janice Vanravenswaay. A fine luncheon was prepared by Julie St. John and Joy Balentine. A special congratulations to Ron and Connie Holbrook of "Constellation" for placing 3rd in Best Dressed Sail this year.

Memorial Day Cruise to Dockton had the perfect of all weather conditions. Sun, breeze and No Rain! Let's not forget FUN! The hosts, Tom and Jenn Tenney had planned a British kind of event. An "All things British" if you will. Thank you for a smashing good time! The plan was to play Croquet, and perhaps a blind mans dinghy race during the long weekend. But you know what is said about "plans". It turned out that everyone was content socializing on the dock with one another and that was just fine.

Discovery, Wind Wizard, Altair, Naughty By Nature, Ta-toosh, La Gitana, Wild Duck, Raven, and Red Splash made their ways to the celebration.

The early arrivers joined in for a dock get together and late suppers. Saturday was a special High Tea experience. A fancy table was set on the dock and soon adorned with cute finger sandwiches of pimento spread and cucumber sandwiches with butter and mayo. Sweets such as fruit scones and other tasty creations and of course a variety of teas to be sampled in tea cups of course.

(Continued on page 7)

CYCT 2017 Cruising Schedule

| Date | Cruise | Host | Location |
|---------------|--------------------------|----------------------------|--------------------|
| May 6-7 | SYC Opening Day | Club Sponsored Event | Seattle Yacht Club |
| May 26 - 29 | Memorial Day Cruise | Tom and Jenn Tenney | Dockton |
| June 17-18 | Tall Ships Cruise | Ken & Julie St. John | Tyee |
| July 1-4 | Independence Day Cruise | Bill Jenks and Cindy Craig | Brownsville Marina |
| August 19-20 | 3rd Annual Zombie Cruise | McAdams | Des Moines Marina |
| September 2-4 | Labor Day | Fred and Ursula Ahrens | TBD |
| October 28-29 | Windseekers Cruise | Eric and Aubre Nelson | Eastern WA |



Cruising

Sunday with the weather still nice as could be, some road in kayaks, took dinghy rides or perfected their Lazer skills. Yeah that would be you, Greg and Rich. The main meal was Bangers and Mash, Shepherd's Pie, Mushy Peas, and a host of other sides which were provided by the attendees.

I have to say that anyone who went away hungry did so to their own fault. CYCT members really have so much food it's hard not to over indulge.

Let the games begin! We then played a British History Trivia game. You name it and there was a question on it. Each boat had there own team. I'm not surprised our team looked blank half the time. When all was said and done, First Place winners were the McAdams. Second Place went to the Carter's. Third Place went to the Ballentine's and bringing up the rear in Fourth Place Angie Morales and Debbie Kimball (Captain Rich was part of our cheering section of one).

The Fancy Hat Contest showed an array of styles and creativity modeled by the contestants. A panel of judges asked questions of the contestants and made their final decisions of winners. First Place went to Soo Carter, Second Place went to Elise Sandwick, Third Place went to Debbie Kimball, and 4th Place went to Angie Morales, with Honorable Mention to Deb McAdams.

Next cruise is June 17-18: Tall Ships Cruise to Tyee. Hosts Ken and Julie St. John. Spend your weekend enjoying the Tacoma Tall Ships Festival and your nights enjoying your CYCT friends at Tyee Marina. This will be a low key event Cruise. Members are encouraged to take in the Festival and compete in Saturday's race as well. Early arrivers on Friday night can take part in what we call "hanging out on boats". Saturday evening we'll have a pot luck and Bon Fire. Sunday morning breakfast will be provided. Non Tyee residents need proof of insurance and \$20.00 per night.

Since it's is a very short notice, please, please contact Ken with your RSVP kennethstjohn@gmail.com.

JULY 1-3: Independence Day Cruise to Port of Brownsville Marina. Hosts are Bill Jenks and Cindy Craig. More details to follow soon. If you want to see the marina go to portofbrownsville.org. It lies between Bremerton and Poulsbo. The main meal will be on Sunday, July 2 as some people may have to work the on July 5.

August 19-20: Third Annual ZOMBIE CRUISE. Hosts- The McAdams at DesMoines Marina. Gory details forthcoming. Think Zombie costumes and zombie foods to bringwonder, wonder

September 2-4: Labor Day Cruise. Hosts are Fred and Ursula Ahrens. Mark your calendars. Details in the works.

October 28-29: Winery Tours UnCruise. Hosts Eric and Aubre Nelson. Winery tours being planned in sunny Eastern Washington.

November 18-19: Wacky Commodores Cruise/LeMans Race. Hosts are Gary and Joy Ballentine. Think Wacky, zany, off the wall costumes.

December 16: CYTC CHRISTMAS PARTY. Social Chair is Jennifer Islen. She will be getting you all the details as the time nears. Mark your calendars. Place is set for Brown's Point Improvement Club. 6pm-10pm. Perhaps think about lending Jennifer a hand with set up or cleanup.

December 31: 7pm- ?? - UnCruise New Years Eve at Tyee 2. No Host. Just bring what you would like to share. Food, drink etc.

REMINDER: Those who have sponsored a cruise and have receipts not turned into the Treasurer Bill Jenks, please remember you can't be reimbursed if you haven't do so. He can write you a check at a General Meeting. The next meeting is June 12 at Tyee Marina, Tyee 2 Club House. 6pm dinner. Bring something to grill and something to share. 7pm meeting.

Fair winds,

Rich and Angie Morales

Fleet Captains Cruising

S/V La Gitana

Racing and Cruising—CYCT May and June 2017



Tall Ships Cruise to Tyee June 17 and 18 Tyee Marina

Spend your weekend enjoying the Tacoma Tall Ship Festival and your nights enjoying your CYCT friends at Tyee Marina

<https://www.tallshipsevents.com/event/festival-sail-tacoma-2017/>

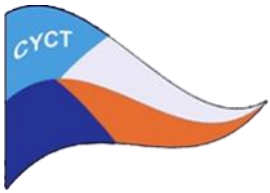
This will be a low event cruise. Members are encouraged to take in the Festival and compete in Saturday's race as well. Early arrivals on Friday night can take part in what we call "hanging out on boats"

Saturday evening we'll have a pot luck and Bon Fire

Sunday morning we'll provide breakfast

No Tyee residents need proof of insurance and \$20 per night.

Watch Facebook for more details.



Meeting Minutes

CYCT General Meeting Minutes 2017

Month: May

The meeting was called to order at 7:00 pm by Our Commodore, Ken St John.

Guests- Becky Hamm and AJ Brumfield who crew with Jeremy Bush, Steve Mullen and Jean Frieler own 2 boats, a Cal 29 *Makai* and a 53 foot Bruce Roberts cutter Sea Dragon *Khalisi*. Stephanie Arnold had LaDonna who crews on *Second Wind*.

Motion was made by Jen Tenney and seconded by Don McAdams to approve the March General Meeting minutes as published in the Mainsheet.

Shining Light Award: Nominees- *Romeo Charlie* crew for their work in the Foss waterway. They helped tow two different boats, one which had lost steerage and one who lost power. Another nomination was made for Eric Nelson who pulled a member out of the water at Opening Day. RC takes the prize. Glen Cowling on *Something Special* was also nominated for towing *Turbo* off the logs, but he is not a CYCT member.

Reports

___ Vice Commodore: Don Kimball- Made it to Opening Day and despite all concerns to the contrary, his whites are still white.

___ Rear Commodore: Janice Vanravenswaay- no report

___ Past Commodore: Eric Nelson- no report

___ Treasurer: Bill Jenks- We are staying on budget so far this year. Pay your dues, please. See balance sheet for actual totals.

___ Secretary: Debbie McAdams- no report

___ Membership Chair: Jennifer and Tom Tenney—We have two new members to induct. Jay Pyles is upgrading to Active Member from crew with his new boat *Dash*. And not present Scott and Phyllis Radford who have a 51-foot Fraser, *Glory Days* and are applying for active membership. Membership cards are coming when you pay your dues.

___ Fleet Captain Cruising: Angie and Rich Morales: We had 8 boats from CYCT out of 175 at SYC for Opening Day. Constellation took 3rd place in dressed sail. Great job Ron and Connie Holbrook and crew. Dockton is the Memorial Day Cruise. The Tenney's are hosting the All Things British Cruise. British fare is on the menu; bring something to share to go with Bangers and Mash and mushy peas. Sat pm is croquet on the lawn, Sat 4 pm High Tea on the dock, wear your with your fanciest hats. English style dinner will be 1 pm on Sunday. Billy Carter will bless the fleet on Sunday, so bring your boat if you can. More to come on FB. June Cruise was scheduled for June 24-25 but changed to 17-18 and will be the "Hanging Out on Boats Cruise" to Tyee II. The Tall Ships Festival is in town and the first of the Three Hour Tour race series will all be on the same weekend. So go play all day and hang out at the bonfire and potluck on Saturday evening. If you don't moor at Tyee, bring \$20/day and proof of insurance. 4th of July- July 1-3 at Brownsville. A brand new and improved rubber chicken was presented to Janice Vanravenswaay for her inadvertent swim at Opening Day. But she saved her cell phone and her beverage.

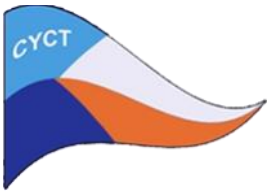
___ Fleet Captain Racing: Don Kimball- Wednesday will be last race of the Early Spring series. Interesting series wind wise, every race is different. The Three Hour Tour series starts June 17- during Tall Ships; Cindy will be running this Wednesday's race when Don is missing for Oregon Offshore.

___ Education: Penny Shen – Marv Fritts will be presenting something later tonight.

___ Social: Jennifer Ihlen- Dec 16 is the Christmas Party at Browns Point Improvement Club.

___ Club Merchandise: Jen Tenney- Many other clubs have stock merch, but we do not. Lots of clubs were wearing their club gear at Opening Day this weekend. Thinking of getting some Jackets, hoodies, polo shirts and hats for stock for us.

___ Mainsheet: John Coyne- Please update your emails! If it doesn't come to your email, he doesn't have a correct one. Send photos to Mainsheet @cyct.com. Send your updated info to Jen Tenney. Send any boat related For Sale items to



Meeting Minutes

the Mainsheet also, or any stories that might be of interest to the sailing community.

___ Sunshine: Julie St. John- sent a card to Rich Morales for a heart condition.

___ Webmaster: Greg Sandwick- Sorry about the late results from Wednesday's Windseekers. Website still works.

___ Historian- Matt Thomas- Some questions, who was around in the 70's on? Bring in or send photos with your name and some info about it on the back for a virtual history on the website.

___ Long Range Planning: Jeremy Bush—meet up group is going well, it's an online group to match people who want to sail with skippers who need crew. Then you call them and set up ongoing races after that.

___ Floating Assets: Joe Salz— no report

___ Publicity: Cindy Craig- working on negotiating with The Mountaineers for membership discounts. "Windseekers, Your Weekend in the middle of the Week". The Sailboat Racing page on FB has nearly 300 members. If you want photos of your boat she can work with Jan Anderson to get some.

___ Women's Sailing: Stephanie Arnold- ongoing with TWSA and sailing lessons to get people on boats and crew memberships. She wants to post flyers on the TWSA website. How can we help TWSA students get out sailing after classes are over? Don Kimball will arrange a race for TWSA students.

___ Trophies: Steve Wagner- no report

___ Racing Protests: Eric Nelson— no report -Chuck Queen said that you must restart if your boat drifts backwards across the line.

___ PHRF Director: Eric Nelson— no report

___ PHRF Handicapper: Ron Holbrook— no report

___ NW Boating Council: Ron Holbrook— no report

___ Dinghies: Eric Nelson- no report

___ Commodore's Report: Ken St John— For Memorial Day Cruise we will be "Royal CYCT". \$10 per month for dinghy dock and a kayak rack may be coming this weekend. Talk to your racing friends about joining the club that supports 35 races per year.

Dinghy dock-

___ Old Business—none

___ New Business—none

___ Birthdays announced-

___ BREAK-

___ Raffle- and the winners are:

Chardonnay was won by Connie Holbrook

Dick's Cream Stout was won by Eric Nelson

Shiraz was won by Jeremy Bush

Scuttlebutt Hottopia was won by Eric Nelson

Box of wine was won by John Stafford

Double Dog Dare Merlot was won by John Coyne

Black Cherry Rum was won by Angie Morales

Sailboat embroidered bar towel was won by John Coyne



Meeting Minutes

Red wine was won by Eric Nelson

Orange infused vodka was won by Ken St John

License plate frames are available at the front table

___ Speaker: Marv Fritts is here to talk about lifesling practice. Looking for volunteer boats to sign up and practice. Practice makes it much easier. Looking for how many people can come out. Also will need a volunteer victim with a wetsuit or a dry suit. Pull victim in slowly, to not drown them. Most people that go overboard are men with their fly open. Needs a boat with self-tailing winches to practice with. Check out the you tube video- search Lifesling practice.

Motion to adjourn meeting was made by Gary Sandwick and seconded by Stephanie Arnold.

The meeting was adjourned at 2038

Respectfully Submitted,

Debbie McAdams

Recording Secretary

S/V Red Splash



Commodore (continued)

I hope to see you all out and about on the water. Have a safe summer and once again – summer meetings are at the marina and the grill will be on.

Ken St. John

Commodore

S/V Naughty By Nature



From the Editor's Desk

Apologies for the tardiness of the mainsheet this month. It's been a chaotic couple of weeks in the Coyne household. Hospital Stay for my wife, and my Son's Graduation...

I know what they say about Excuses, so please just accept my apologies!

Reminder that Articles are due by the 25th of the month. Please try to send them in Word format or even as plain text, as opposed to PDF. Thanks!

John Coyne

Mainsheet Editor

S/V Gardyloo



Members Abroad

Keep track of our non-resident
members as they live the life we only
dream of!

Bev and Lew Channing

S/V Suzanne



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member/channing/](http://www.sailblogs.com/member/channing/)

Chris and Janet Wenderoth

S/V Respite



[http://www.sailblogs.com/
member/respite/](http://www.sailblogs.com/member/respite/)



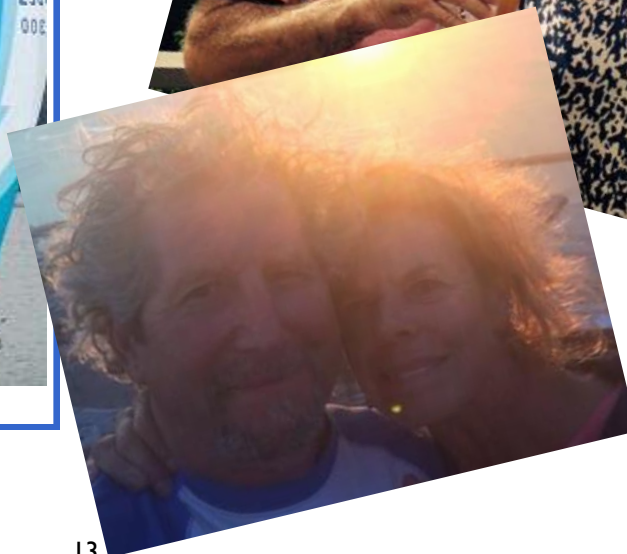
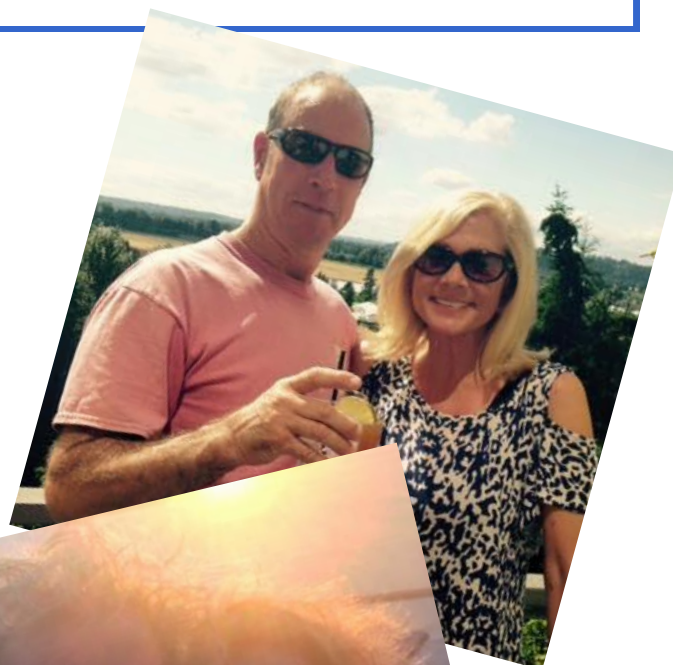
Dennis and Becky Flannigan

S/V Kokomo



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about the globe fixing
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June 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------------------------|---|-----|------------------------------------|-----|-----|---|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 WINDSEEKERS Spring Series | 8 | 9 | 10 |
| 11 | 12 7 PM General Meeting The Clubhouse @ Tyee Marina | 13 | 14 WINDSEEKERS Spring Series | 15 | 16 | 17 3-Hour Tour Series Race #1 Father's Day Cruise |
| 18 Father's Day Cruise | 19 | 20 | 21 WINDSEEKERS Summer Series | 22 | 23 | 24 |
| 25 | 26 7 PM Board Meeting (Johnny's) | 27 | 28 WINDSEEKERS Summer Series | 29 | 30 | |

July 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------|---|-----|---|-----|-----|-------------------------------------|
| | | | | | | 1 July 4th Cruise TBD |
| 2 July 4th Cruise TBD | 3 July 4th Cruise TBD | 4 | 5 WINDSEEKERS Summer Series | 6 | 7 | 8 3-Hour Tour Series Race #2 |
| 9 | 10 7 PM General Meeting | 11 | 12 WINDSEEKERS Summer Series | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 WINDSEEKERS Summer Series | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 WINDSEEKERS Late Summer Series | 27 | 28 | 29 3-Hour Tour Series Race #3 |
| 30 | 31 7 PM Board Meeting (Johnny's) | | | | | |

Sunshine



Please let me know if you think someone could use a little cheering up with a card!

Julie St. John
S/V Naughty By Nature
253-632-3273
juliesgarden@gmail.com

Happy Birthday to our CYCT Members

| | |
|-----------------------|---------|
| Tim Garchow | June 1 |
| Chuck Queen | June 4 |
| Janice VanRavensway | June 7 |
| Ed Pinkham | June 13 |
| Kirk Parker | June 16 |
| Mark Stopka | June 16 |
| David Swanson | June 19 |
| Penny Shen | June 21 |
| Peter Barbin | June 23 |
| Matt Thomas | June 25 |
| Dana Bachellerie-Gage | June 30 |



On The Cover

I can see why she's called "Obsession"

Saw it on Facebook



Eric Nelson
 June 4 at 11:34am

Great job Cindy and Don for their assistance for Tacoma Yacht Club's Summer Vashon 2017

Like Comment

Jennifer Madsen Tenney, Jeremy Bush and 7 others Seen by 53

Jennifer Madsen Tenney Indeed... very nice job as always... thank you both.
 Like · Reply · June 4 at 11:57am

Write a comment...

Donald Kimball commented on this photo.

Steve Ryan
 June 2 at 7:38pm

Like Comment



Basic Rules

- You must be a CYCT member or sponsored by a CYCT member to post an item.
- Each month the CYCT posting member must submit their items for sale before the 25th of the month (send your post to jmainsheet@cyct.com).
- **Items must be submitted each month or they will not be reposted.**
- You are responsible to sell your item so you must include your contact information (items without contact information will not be posted).

Post your items for sale here! Contact
mainsheet@cyct.com for posting!

The View From the Rear

(Musings of a Casual Racer)

Boats as Therapy

For those who have followed my articles, I've touched on this subject before. My boat as my happy place, a magic vehicle that can transport me thousands of miles beginning with a five minute trip to the marina and requiring (in theory) no extra fuel to get there.



You all know it's been a long, wet winter. I've had a rough time at work and home hasn't been a picnic either. Thank heavens I have a boat! I haven't spent as much time on her as I would like, but most every minute has been a good one. Even if it is sitting at the dock eating dinner, down in the cabin installing the new stereo or wedged in the hold repacking the rudder post, it's still good to be on a boat.

It's not just the boat though. The lovely and gracious Mrs. St. John likes to point out how we used to feel like such outsiders in a marina but now, we belong. Even if it isn't OUR marina, we know the rules, we know the lingo, we know our way about. It's an exclusive world full of like minded individuals.

Even fixing things on a boat can be therapy and luckily, there is always opportunity for that kind of therapy. There is something about having the boat all working – another subject I've addressed before. OK – I don't any boat is really, ever, all working – but the Naughty boat is darned close and that makes me feel good. Sure there's always something going on. Memorial Day weekend I resealed the hatch in the head, mounted the new stereo to replace the one destroyed by the dripping portlight, fixed the broken stern pulpit stanchion and mounded foot switches for the anchor windlass. Still, I have teak on the outside so there is always opportunity for new therapy.

Then there is the opportunity to change your surroundings. Two weeks ago we went over to Gig Harbor with our granddaughter, dropped the hook and rowed ashore. Just yesterday we did the same thing except this time it was Maritime Fest meaning it was an entirely different Gig Harbor. And since we had two granddaughters as well as a daughter and son in law, we brought along the outboard for the dinghy. Two much rowing might just be too much therapy. In the weekend between after the day fixing there was an afternoon and evening at Dockton with friends.

At night I often use visualization therapy to help me sleep. I

visualize that I am tucked into my berth swinging lazily at anchor. This works great, until I wake up and can no longer settle on that visualization. Then I'm visualization that next boat project, and while this is an excellent way for me to sort out the problems before I attack them – it's not a good way to fall asleep.

I suppose there is a point where you can have just too much therapy! I'm almost halfway into a book recommended to me by Matt Thomas titled *Tranquility*. It's a memoir by a local author about how he, as a young man, bought a 1938 wooden sailboat and attempted to sail it to California. Tranquility is the name of the boat and besides that, there seems to be zero tranquility about everything connected with this boat. I guess that with boat therapy, as with any therapy, it pays to have the right therapist!

I'm sure that things will turn around and I can get – as we sailors say – on an even keel. Until I can transition though into boat as escape capsule, I will rely on good, old, boat therapy.

Ken St. John
S/V Naughty By Nature

